

Old Lyme



Events

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Volume 6 • Quarter 4 • 2012



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TECHNOLOGY WITH A HUMAN TOUCHSM

Selectwoman's Corner

During the late summer and early Fall, life in Old Lyme was fairly normal, with summer tourism winding down, school starting as usual, and beautiful foliage as Fall descended quietly upon us.

And then came SANDY! Ready or not, we were tested in real time on our preparedness for a major storm event. The Emergency Operations Team began looking at the storm a good five days before anticipated landfall, and ironically, the predictions were in many ways reminiscent of the statewide drill that we took part in this past summer. That drill had us prepare for a Category 3 hurricane like the 1938 event. Sandy was predicted to exceed the flooding that was experienced from the Hurricane of 1938, with long term sustained winds. So, although Sandy was not a Category 3 Hurricane, its Super Storm status wreaked even more havoc in some areas of the shoreline.

For the first time in years, Old Lyme had a mandatory evacuation, and people listened. I believe this is why we suffered no loss of life. While many dealt with days of no power, our community for the most part was patient and helpful. There were MANY, MANY volunteers who helped with respite, communication, shelter visits, and other tasks. Our Emergency Operations Center (EOC) was in full activation for nearly a week, and our Public Works, Police, Fire and EMS crews put in many hours assuring the safety of our community. Town Hall staff helped man the phone lines at both the EOC and Town Hall, although

I understand many still went to voice mail.

Communication, as usual, became challenging as we lost internet and some cell phone service at the EOC, but we quickly responded by acquiring portable service for internet, and getting Everbridge (reverse 911) calls out to those who had registered. Our new Bulletin Board program worked well to get information to various areas of town, and this will be utilized in future emergencies, and possibly expanded.

We even had the assistance of our local Boy Scout Troop and the Coast Guard Cadets as we worked to get information out, both pre-storm and post-storm.

With all of that said, there are sure to be areas where we can improve, and we will identify them through our post-storm critiques. You are welcome to send in your comments – both positive and negative -- to help us work harder and better to keep this community safe. We must thank all of the



*First Selectwoman
Bonnie Reemsnyder*

continued on page 4

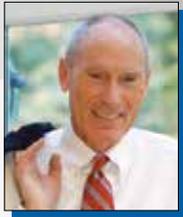
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the last 13 years. We have a warm and personal atmosphere. Dr. Kopyt is currently accepting new patients. Please call 860.739.7444 to schedule an appointment.

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Lauren Kopyt, MD

Jessie Brutus, MD
Sonia Stavens, LPN

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Old Black Point: Designed by noted architect Harvey Stevenson. The private main house & guest house sit on 2 professionally landscaped acres overlooking L.I. Sound and Fishers Island. Great for entertaining. Includes art/music studio.
MLS: M9136969
\$2,450,000
Jamie Childs 860.501.2110



EXQUISITE VILLAGE COLONIAL

Old Lyme: Designed by noted architect Alice Washburn, this home is sited beautifully on 2 acres with stunning vistas. Total restoration and renovation in 2005 has brought this gracious home to mellow perfection! MLS: M9137286
\$1,645,000
Jennifer & Jane Associates 860.227.6634



HISTORICAL ALBERTA PFEIFFER

Lyme: This stunning circa 1780 renovated and expanded Cape combines Old World charm with New World comfort. Elegant open kitchen & LR, 5BR's, 3.1 baths, CAIR, wood floors, barn, open meadow, Gunite pool - perfection! MLS: M9135341
\$1,150,000
Sydney Anderson 860.510.3449



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Lyme: Complete privacy, water and sunset views! Seventeen plus acres of pristine Joshua town Road property with a view easement to Selden Creek. Located adjacent to several hundred acres of land in conservancy. MLS: M9132923

\$750,000
Rick Weiner 860.227.3191



CIRCA 1923 COTTAGE

Old Lyme: Circa 1923 cottage newly renovated from top to bottom. Spacious deck at water's edge. New dock, roof, baths, CAIR, hardwood floors, plumbing, electric, and more. Stone fireplace and hot tub room! MLS: M9137164

\$725,000
Rick Weiner 860.227.3191



WATERFRONT HOME

Lyme: Designed by noted architect, this dramatic waterfront home has a contemporary flair with views and access to an inlet of Hamburg Cove, perfect for small boat activity. Sunlit rooms and open, flexible floor plan. MLS: M9124803

\$695,000
Jennifer & Jane Associates 860.227.6634



HISTORIC COLONIAL

Lyme: Historic Colonial on 4.33 acres offers 5BR's, French doors, stone patio. Includes 1300 SF live-in artist studio, oversized stone fireplace and amenities. A second small studio. Stone work, beautiful mature gardens. Needs TLC. MLS: M9127337
\$400,000
Colette Harron 860.304.2391
Jill Gibson 860.235.2209



STUNNING TOWNHOUSE

Old Lyme: Desirable Wyckford condominium complex in the heart of Old Lyme village. Hardwood floors, eat-in kitchen, 9' ceilings, fireplace, CAIR, garden area and terrace. Close to area beaches, golf courses and farmer's markets.
MLS: M9136009
\$389,500
Jamie Childs 860.501.2110



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Niantic: Great floor plan, updated kitchen and new carpeting! Sunken living room w/sliders to private deck. Close to highways, beaches, village shops and restaurants. Take a tour at www.planomatic.com/12753. MLS: M9136279
\$149,900
Peter Allam 203.605.4320

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• *Selectwoman's Corner continued from page 1* •

people who came forward and offered assistance. It is difficult to put into words how much you did for the community of Old Lyme. You know who you are and the Town of Old Lyme will be forever grateful for all you did, big and small. In addition, the Town Hall staff was asked to be flexible and available for calls and services, and all were wonderful about doing whatever needed to be done. I am so proud to work with such dedicated individuals. We are all happy to say good-bye to Sandy!

Landfill Closure: Just in time for the storm, the Landfill Closure on Four Mile River Road has been completed. ET&L, the contractor, did a terrific job, and we are happy that it was completed prior to Sandy's arrival. It actually looks quite nice there, with a new shape and grass taking hold throughout. Now that it is completed, testing through wells that are within the landfill will be done for the next 15-30 years, depending upon test results. The Transfer Station continues to operate, and we are considering applying for a permit to operate a composting service atop the landfill. This could be a good opportunity to process leaves and either sell the compost or make it available to residents. Stay tuned for further information. In the aftermath of Sandy, the Transfer Station was open 7 days a week in an effort to support the needs of the devastated areas of town. Thank you to Transfer Station staff members who were so willing to put in the extra hours. It was a great service to our community.

Town Hall Expansion Settlement on Litigation: On Friday, August 10, the Board of Selectmen approved a settlement agreement with Rudolph Netsch Construction Co., which gave us the green light to move forward on the final completion of some items. The settlement amount was \$153,000, paid to the contractor, along with other terms, such as providing the Town with manuals for some of the mechanicals, etc. We are pleased to have been able to settle out of court on agreeable terms. Both John Forbis, who served as Chairman of the Town Hall Building Committee, and Tim Griswold, former First Selectman, were very helpful in the process.

Dredging Study of Four Mile and Black Hall Rivers: Thanks to the efforts of the Harbor Management Commission, and Ned Farman and Steve Ross in particular, the State of Connecticut has awarded a \$200,000 grant to the Town of Old Lyme. This grant will be used to complete a study of both the Four Mile and Black Hall Rivers to determine the feasibility of dredging these rivers to maintain marine navigation. The grant will likely fund the study and the permitting portion of the project, should it be deemed feasible. The Town of Old Lyme went out to bid on the study portion of the project and has awarded the job to Coastline Consulting and Development, LLC for the first phase of the project. At \$19,233, they were the low, qualified bidder.

Paid Street Parking in Sound View: In the past, visitors to Old Lyme were able to park for free on Hartford Avenue for up to two hours, which often created havoc and safety concerns. This past summer, the Town offered parking on the street for a fee. The feedback on this was mixed, with many people supporting the new process, indicating it made for a calmer, safer summer. Many businesses in the area expressed concerns about the effect on their business, and the Selectmen reviewed this at a meeting

continued on page 6



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• *Selectwoman's Corner continued from page 4* •

in August. Adjustments were made for the remainder of the summer, and the hope is to have kiosks by next summer to provide more flexibility for parking choices. A sub-committee of the Sound View Commission was formed to review the parking issue, and will report back with their recommendations.

Wastewater Management Task Force: With two Beach Associations now under Consent Orders from the CT DEEP to install sewers connected to the New London Wastewater Treatment Facility, the Town of Old Lyme has created a Wastewater Management Task Force to look at the feasibility of a Community Wastewater System. As a municipality that has adopted a sewer avoidance policy through the WPCA, there is concern about the installation of sewers. The Task Force is charged with developing a Request for Qualifications (RFQ) in order to retain an engineering firm best qualified to take us through the process of identifying suitable land, working with the CT DEEP to procure available funds, and ultimately designing a local system for the Shoreline area of Old Lyme. We are hopeful that a Community Wastewater System will have the ability to serve the needs of the entire shoreline south of Route 156. The members of this Task Force come with stellar resumes and qualifications, and we are fortunate to have Kurt Zemba as Facilitator. He is well versed on the issue and serves often as a moderator for elections and meetings. This will assure that the proper procedures are followed and the mission is focused. Time is of the essence, and we thank the

members in advance for their service on this important issue.

Discount Prescription Cards: The Town of Old Lyme has made a Discount Prescription Card available through a service provided by the Connecticut Council of Municipalities (CCM). All residents will receive a flyer explaining the program. Those who are eligible will get a free card that will be accepted by most (possibly all) of the local pharmacies. The Board of Selectmen unanimously approved this service in the hopes that it will help those who do not have coverage on prescription drugs.

Johnnycake Hill Rd. and Meetinghouse Lane: In September, both of these roads were paved, as scheduled. While the project caused some inconvenience for residents on these streets, most were delighted with the end result. There is some concern that the new road surface will result in speeding cars, so please remember, these are winding residential streets. There are many walkers and bicyclists, so please proceed cautiously.

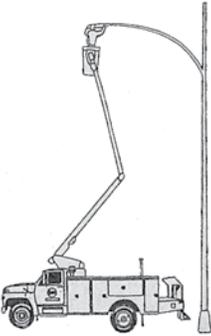
Upcoming Events: Remember that our Annual Town Meeting is scheduled for January 28, 2013 at 7:30 pm in the Middle School Auditorium. At that time, we will present the Annual Report for FY 2012, and announce our Citizen of the Year. Around the same time, we will begin our budget process in preparation for FY 2014. We hope to see you at the Annual Town Meeting.

As we all hope for a mild winter, the Board of Selectmen join me in wishing you and your families a Happy, Healthy and Safe Holiday Season, as well as hopes for a Prosperous New Year.

— *Bonnie A. Reemsnyder, First Selectwoman*



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Lymes' Senior Center

The Board of Directors of the Lymes' Senior Center would like to thank the sponsors who contributed to making Thursday evenings in July at the Center the place to be for good music and entertainment by many wonderful and talented musicians.

The sponsors who contributed to the series were: Town of Lyme, Town of Lyme Fire Department, Town of Old Lyme, Essex Savings Bank, Shoreline Sanitation and Laysville Hardware.

Music was provided by the Glenn Hansen Orchestra, Coastal Barbershop Chorus, Waterford Community Band and the Old Lyme Town Band.

We thank members of the Yesteryear Auto Club of Oakdale for their classic cars and the Shoreline Watercolor Group for their painting display.

In addition we thank the following businesses: Old Lyme Ice Cream Shoppe and Salem Valley Farms for providing ice cream for sundaes.

A special thank you to the confirmation class from Christ the King Church for volunteering their time.

Thank you music lovers for making the series a success. Please remember the local businesses and Town officials who made Thursdays in July possible.

Old Lyme Town Hall • 860-434-1605
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Old Lyme Municipal Departments

Department	Contact	Phone
Animal Control	Sandra Bannon	434-3047
Assessor	Walter Kent	434-1605 x218
Board of Selectmen	Bonnie A. Reemsnyder	434-1605 x211
Board of Selectmen	Mary Jo Nosal	434-1605 x212
Board of Selectmen	Skip Sibley	434-1605 x212
First Selectwoman	Bonnie A. Reemsnyder	434-1605 x211
Building	Ron Rose	434-1605 x230
Emergency Management	David Roberge	434-1605 x231
Finance	Doris Johnson	434-1605 x215
Finance Director	Nicole Stajduhar	434-1605 x232
Fire Marshal	David Roberge	434-1605 x231
Harbormaster	Michael Moran	434-1605 x212
Health	Vijay Sikand, M.D.	434-1605 x214
Information Technology	Ruth Roach	434-1605 x237
Town Historian	John Pfeiffer	434-8829
Land Use	Kim Groves, Kim Barrows	434-1605 x236
Parks and Recreation	Don Bugbee	434-1605 x235
Police	TFC Gary Inglis	434-7080
Probate Court	Hon. Jeffrey McNamara	739-6052
Public Works	Ed Adanti	434-2461
Registrar of Voters	Sylvia Peterson & Don Tapper	434-1605 x226
School District #18	Superintendent of Schools	434-7238
Senior Center	Sherry White	434-4127
Social Services	Town Hall	434-1605
Tax Collection	Judith Tooker	434-1605 x216
Town Clerk	Eileen Coffee	434-1605 x221
Treasurer	John Bysko	434-3632
Zoning Enforcement	Ann Brown	434-1605 x225
Other Agencies		
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Youth Services Bureau	Mary Seidner, Director	434-7208



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Chamber Update

Twenty-six Chamber members participated in our Faerie Trail promotion in October. The Chamber provided Trail maps, Faeries, & Faerie "Tales" to all. Our Faerie Trail coincided with the Florence Griswold Museum's Wee Faerie Villages exhibit. We welcomed 1,000s of visitors to our enchanting town for the exhibit and Trail. Thanks to the Chamber members who participated: Marc Jewelers, Faces, Coastal Cuts, The Woman's Exchange, Office Express, the Bowerbird, Essex Savings Bank, Bonne Sante, Pizzeria DaVinci, Andy's Deli & Market, Fresh Ayer Gallery/ Lemon 'n Lyme, Salon Pure, Songbird Cafe, Garvin Studio, Vitality Spa, The Chocolate Shell, Old Lyme Ice Cream Shoppe & Café, OLPGN Library, LYSB, Studio 80+ Sculpture Grounds, Lyme Academy College of Fine Arts, Lyme Art Association, Old Lyme Inn, Bee & Thistle Inn, Coffee's Country Market.

Special thanks to Tammi Flynn (& friends!) from the Florence Griswold Museum, Joan Ryan (The Woman's Exchange), Rosemary Barclay (Bonne Sante), Barbara Crowley (The Chocolate Shell), & Sharon Silver (Vitality Spa) for enthusiasm, creative skills, & lots of hard work!

Hurricane Sandy intruded on our final Faerie week, but did not dampen the spirits of all who travelled our trail.

Also in October, we welcomed nearly 2 dozen dogs (and 1 bunny rabbit) to our Annual Pet Parade. Thanks to Lynn Farrell for working so hard on a successful event.

October was also when we presented a Candidate Forum. Candidates for State Senate and House seats and for US Congress participated.

At our first dinner meeting at The Hideaway local author Todd Gipstein talked about his book, *Legacy of Ledge Light*. We held our first Business After Hours at the Florence Griswold Museum on October 16, co-sponsored with the Clinton Chamber of Commerce. Another Business After Hours took place at the Lieutenant River Center on November 15 with Salon Pure, Old Lyme Stone, and Nina Peck Architect. We also participated in a Chamber Connections at Reynolds Garage & Marine on October 18, with the Old Saybrook Chamber of Commerce.

On December 7 & 8, Chamber businesses and local organizations worked together to Light Up Old Lyme. The Annual Tree Lighting took place at the Town Hall on Lyme Street.

Our Holiday Dinner Meeting is scheduled for The Old Lyme Inn on Thursday, December 20. Business After Hours events will take place in January and February, with a Chamber dinner scheduled for March. Check www.visitoldlyme.com for details and to register.

Our Lyme-Old Lyme Chamber membership is diverse: both brand new & well-established businesses of all sizes & types - gift shops, galleries, restaurants, convenience stores, & more; non-profits, attorneys, contractors, physicians, retirees, etc.

We have been working hard to ensure that our Chamber remains a vibrant organization, supportive of our community and responsive to the needs of our members.

If you are interested in becoming more involved in Chamber activities, please let us know. And, if you are not a member yet, please consider joining us - membership is only \$50. Applications are available online at www.visitoldlyme.com. Don't forget: BUY LOCAL!

— Catherine Frank, President,
Lyme Old Lyme Chamber of Commerce







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Holiday Exhibition

November 23 - December 24. The Artists of Gallery One Holiday Exhibition. All member exhibition of small works including work by Gallery associated artists. Gallery hours are Friday-Sunday, 1 pm to 4 pm plus Christmas Eve. New temporary location two doors left of Pier 1. Gallery One, 665 Boston Post Road, Old Saybrook, (860) 388-0907; www.galleryonect.com.

Election Results

President

Romney & Ryan 1958
 Obama & Biden 2561
 Anderson & Rodriguez 9
 Johnson & Gray 33

State Senator

Mike Doyle 1784
 Andrea Stillman 2462
 Marc Guttman 67

US Senator

Linda McMahon 1898
 Christopher Murphy 2476
 Paul Passarelli 82

State Representative

Marilyn Giuliano 2693
 Adam Stillman 1653

Registrar of Voters

Donald Tapper 1727
 Sylvia Peterson 2449

US Representative

Paul Formica 1635
 Joe Courtney 2751
 Colin Bennett 45
 Daniel Reale 26

Town Clerk's Office

Congratulations!

We congratulate the following on their recent marriages:

- Richard Bruce Andrews & Marie Jo Francois - June 15
- Nicholas Brian Menga & Sara Marie Kielich - July 7
- William Foster O'Meara & Janice P. Smegelski - July 14
- Charles Joseph Calci & Elva M. Hall - July 20
- Matthew Jon Meier & Amanda Lee Bourne - July 27
- Christopher John Dionne & Summer-Sage Williams - September 1
- Curtis Paul Meyer & Lindsey Marek - September 1
- Gregory Scott Bohara & Kristi Lynn Renker - September 15
- Roger Lee Abell & Kelli Lynn Morgan - September 15
- David Joseph Baehr & Jessica Lynn Viner - September 23
- Marc D. Bruno & Britney M. Halpin - September 28
- Jason Lee Kemp & Kimball Lynn Robbins - October 13
- Thomas Edward Latella & Jennifer Marie Jones - October 13
- Paul Joseph DaPonte & Melissa Anne Lambrecht - October 14

With Sympathy

We would like to express our condolences to the families of recently deceased Old Lyme residents:

- | | |
|----------------------------------|-------------------|
| Carolina Artificio-Bunyi Surface | Richard Kristopik |
| Joanne Bishop | Mary Ellen Mellen |
| Shaun B. (John) Cashman | Albert Mitchell |
| Rosario Garofalo | Anne Rita Weber |

— Eileen K. Coffee, Town Clerk,
 Vicki Urbowicz, Assistant Town Clerk

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Thank you Storm Sandy Volunteers!

October's Super Storm Sandy blew into Old Lyme with a nasty combination of wind, rain and high tides. We experienced record flooding and loss of power. But the outpouring of offers to assist in the recovery effort were no match for Sandy.

These "2nd responders" offered their time, talents and smiles to support the recovery efforts which allowed first responders more time to do their important work. The efforts were numerous and included entertaining kids at the Respite Center, organizing an impromptu Halloween party (thank you Philip Cone), cooking, feeding, comforting and listening to the many who utilized the Respite Center, greeting people at the Respite Center, going door-to-door over several days to provide communiqés from Town and water to those without power, reporting on folks with special needs, visiting with and caring for our neighbors at the Regional Center in East Lyme, and handing out bottled water and badly needed ice. During the course of the week, we received suggestions and advice on ways to more efficiently reach out to our neighbors. Therefore, we plan to improve our response capabilities by

organizing neighborhood liaisons.

Offers of assistance were solicited from our volunteer hotline, social media sites, local newspapers, and email from Town Hall to Town Boards and Commissions, to local nonprofits and other agencies. And many people just showed up when we needed help and went to work.

Volunteers ranged in age from our young people in school to our senior citizens. Many commented on how helping made them feel useful and helped them forget about their own personal situations. One special volunteer organized a neighborhood party at her home. Many local residents who wanted to assist were called back to work before they could help. However, there were even offers of assistance from people who live out of town and out of state!

Undoubtedly the following list of volunteers to thank is incomplete. But, let us know and we will gladly expand it. Please join us and thank these "community leaders" for their selfless support and for being there for all of us.

The Rice Family
The Stark Family
The Seilbeck Family
The Cone Family
Judy Berault
Sue Campbell
Nancy Bebe
Pam Russell
Nancy Meinke
The Fuchs Family
Ted Crosby
David Duncan
The Ward Family
The Reid Family
Deb White Swanski
The Nosal Family

Bob Reemsnyder
Ann Haviland
Bill Rountree
Marianne DeBruyn
Andrea Fenton
Marie Abraham
Martha Quaratella
The Shoemaker Family
The Hartmann Family
Ellie and Josh Krasney
The Moriarity Family
David and Jonathon Harcourt
Elliot Mueller
Gabby Vernacatola
Audrey Spina
Marilyn Guiliano

Jeff Beereboom
Susan Lennard
Lisa and Jocelyn Campbell
Diana Drake
David Handler
Wayne Kopec
Gail Frietag
Gail Popoff
George and Gail Griggs
Dick Hall
Teri Lewis
Kelly Abell
Dawn and Brittany Root
Britt Sinay
Mark Testori, The Congregational Church

Special thanks to:

The United States Coast Guard: Cadets Tom Chronert, Colin Schuster, Tim Wyderko, Karl Thurston, Keith Arnold, Erik Oredson, Joe Sullivan-Springhetti, Joel Amendolara, Alex Rennie, Ainsley Stringfield, Dominik Benedetto, Nick Chicoine, Juan Cestero, Nate Cajigas, Patrick Dreiss, Marina Stevens, Brian Musard, James Mueller, James Martin, Vaughn Gehman, Ryan Hub, Kimberlee Capp, Corrin Nolin, Kevin Ng and Old Lyme's own Samantha Yuknat.

Boy Scout Troop 26 and in particular Eagle Scout Zachary Harrison, who contacted about a dozen scouts and adults to help with the evacuation efforts before landfall.

Lyme and Old Lyme senior citizens who shared the Senior Center with those who needed warmth and comfort during the storm recovery efforts.

Regional School District 18 for the use of their freezer and shower facilities.

Bill and Judy Archer for organizing and manning the extensive efforts at the Respite Center.

Leslie Massa for special kindness to our citizens at the shelter.

Mary Seidner for special kindness to our citizens at the shelter and organizing a pool of social services experts

Thank you!

Help one another; there's no time like the present and no present like the time.
– James Durst

Social Services

Social Services has moved from the Lymes' Senior Center to The Old Lyme Town Hall, 52 Lyme Street. Hours are Tuesday and Thursday from 9 am to 12 noon and Wednesday from 1 to 4 pm. Appointments are requested.

The new office of Social Services is located on the lower level of Town Hall with easy access from the back parking lot. The new "face" of Social Services is Ruth Dillon Roach. Phone Ruth at (860) 434-1605 ext. 228. If you wonder where you have seen her before, it was most likely in the Tax Office where she worked for several years.

As winter approaches, please think about coming in to apply for Energy Assistance. You will need to bring in a current electric bill, a copy of your current lease or mortgage payment, your last two checking account statements and a list of any assets, pensions, CD's, IRA's and a current bill from your oil or propane provider. Please call if you have any questions about what you need to bring; we want to get you signed up as soon as possible!

It is the mission of the Town of Old Lyme Department of Social Services to enhance the quality of life and self-sufficiency of people in need of EMERGENCY, NON-CURRENT financial services. We provide advocacy, planning, resources and deliver these services in partnership with public and private organizations. Services will be provided confidentially, courteously and promptly. No one will be discriminated

against due to race, color, natural origin, religion, sex, age, disability or marital status.

Donations to the Town's Emergency Fund are always welcome. We have established a small local food bank so donations of non-perishable food items will also be welcome. The Lyme Old Lyme Chamber has agreed to collect a canned good from each member at each Chamber event to help us support our local families.

We are thinking about setting up a diaper bank as babies never seem to have enough or they grow so fast that moms can't keep up. If you would like to donate some diapers your baby or toddler has outgrown I'm sure we can find a baby that they will fit. Any size new diapers will be greatly appreciated.

Please do not hesitate to call with questions. If the answer is not readily available, we will get back to you as soon as possible.

**Deadline for the next issue of
OLD LYME EVENTS
is February 8th, 2013.**



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Lymes' Youth Service Bureau

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Please visit our website for more details and up-to-date information about programs. www.lysb.org

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PLAYGROUPS. For children and parents or caregiver. Groups meet weekly at LYSB for 75 minutes. Children will gain social and literacy skills while enjoying circle time, free play, snacks, crafts and outdoor time at Mimi's Place (and our adjacent playground for children up to age 5). Siblings always welcome. Join us any week. Meet new friends. Check our website for complete schedule and topics. www.lysb.org 860-434-7208. Ten week sessions: \$81.

Wednesdays - Age 4's and over - 12:30-1:45 with Arleen

Thursdays - Age 2(ish) - 9:30 - 10:45 with Arleen

Fridays - Age 3(ish) - 9:30 - 10:45 with Amy

BABIES FIRST. LYSB's group for new and expectant parents. Meets Mondays, 9:30 - 10:45 am. Join us for social time and parenting discussions. Designed for parents of children up to age 12 months and is casual, comfortable, and informative. Weekly topics are based on parent's concerns and interests including feeding, sleeping, infant massage, babysitters and childcare, and more. Nursing and diaper changing are always welcome! Call LYSB for more info at 860-434-7208 www.lysb.org.

SWEET BEATS - Music with Eleanor Robinson *First Class Free! Ages 8 months and up. Wednesdays 10-10:45. After music enjoy free play at Mimi's Place 11-12:00. Eleven week session \$150/\$50 additional sibling age 8 months and over.

HOLISTIC MOMS NETWORK. "Living Healthy, Living Green." Meets the first Monday of the month at 7 pm at LYSB. HMN connects parents interested in holistic health and green living. Each month we explore a new topic including organic gardening, yoga, home birthing, self-defense, herbs, nutrition, etc. Check the LYSB website (www.lysb.org) for current topics and guest speakers. Not just for babies, HMN is for parents at all stages of parenting.

MIDDLE SCHOOL AFTER SCHOOL PROGRAM. Meets Tuesdays and Thursdays from 2:15 to 4:00 pm. Come hang out with LYSB and participate in a variety of crafts, games, and fun activities. Students can walk to LYSB after school and passes for the Late Bus will be provided. This is a drop-in program open to any LOLMS student. Registration fee of \$25 and permission form required, available on our website www.lysb.org.

3rd, 4th, & 5th GRADE AFTER SCHOOL PROGRAM. Every Wednesday 3:00 to 5:00 pm. Come to LYSB's Activity Center with your friends to play games, enjoy crafts, snacks, and more. Fun is guaranteed! Students from Center School will be escorted to LYSB. Students from Lyme School will take the bus directly to LYSB. Fee is \$100 for the year. Pre-register by calling LYSB at 860-434-7208 x0.

LEGO® AFTER SCHOOL PROGRAM. Pre-Engineering: Grades K-2. Engineering FUNDamentals: Grades 3-6. Six week sessions meets on Tuesdays 4:00-5:30 p.m. Fee: \$100. Power up your engineering skills with Play-Well TEKologies and over 100,000 pieces of LEGOS®! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as arch bridges, skyscrapers, motorized cars, and the Battletrack! Design and build as never before, and explore your craziest ideas in a supportive environment. An experienced instructor will challenge new and returning students to engineer at the next level. This is a hands-on and minds-on program suitable for LEGO® novices to "maniacs." Join us for this six week session at LYSB. This program will continue for additional sessions. Class is led by instructors from Play-Well TEKologies. To learn more about

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continued on page 15

• *Youth Service continued from page 14* •

the curriculum visit www.play-well.org Location: LYSB. Pre-register by contacting LYSB 860-434-7208 x0.

MADHATTERS THEATRE COMPANY. Spring Production: The Little Mermaid. To be performed at the Chester Meeting House in May. Auditions: January 11th and 12th by appointment at LYSB. Rehearsals are every Saturday at LYSB 1:30 pm-4:30 pm. For registration and fee information contact Madhatters at 860-395-1861.

GUITAR LESSONS After School at LYSB. On Tuesdays and Thursdays after school at LYSB. Forty-five minute private lessons are taught by teachers from Corner Music. Group lessons may also be available. For grades K-12. Guitars available for rent if needed. For more information contact Corner Music at 860-395-3500 or info@corner-music.com

ENGINEERING FUNDAMENTALS WITH LEGOs® for HOME SCHOOLERS. Tuesdays 10:00 to 11:30 am at LYSB. Design and build motorized machines, catapults, pyramids, demolition derby cars, truss and suspension bridges, buildings, and other constructions. Explore concepts in physics, mechanical engineering, and architecture while playing with your favorite creations. This is a hands-on and minds-on class suitable for LEGO® novices to "maniacs." Contact 860-395-1861 for more information.

YOUTH ADVISORY COUNCIL (YAC). Every Wednesday 7:00-8:00 pm. YAC is a high school community service club that participates in a variety of fun projects throughout the year. All high school students in L/OL are welcome to join us any Wednesday night! For questions call 860-434-7208 x0.

SITTER SAFETY CLASS. Four Mondays: March 4, 11, 18, & 25, 2013, from 2:15 to 4:00 pm. An intense sitter safety and training course appropriate for babysitters, big brothers and sisters, and children staying home alone for the first time. This course touches on a variety of safety skills such as basic first aid, fire safety, and 911 skills. Fee is \$40 and includes supplies, snacks, and guest speakers. Call LYSB to pre-register at 860-434-7208 x0.

LET'S GET SEWING WORKSHOPS. Four Thursdays: Jan 10, 17, 24 & 31 ~ 4:00 to 6:00 pm, Fee: \$90.00. Ages 8 and older. Here's your chance to learn machine and hand sewing techniques while creating beautiful accessories for you and your family. You'll design decorative pillows, cute and cuddly animals and a small purse. No prior sewing experience necessary although experienced sewers are welcome to join in on the fun. Sewing machines provided. Pre-register 860-434-7208 x0.

MOTHER/DAUGHTER WORKSHOP. Tuesday, April 30, 2013. Open the lines of communication with your daughter! Designed to give girls a better understanding of the changes that her body will go through during puberty. Topics will include the importance of a positive body image and how to deal with difficult situations. A fun and educational night out for girls in 4th and 5th grade and their mothers. Cost is \$40 per pair and includes resource materials, goodie bags and a pizza dinner. 860-434-7208 x0.

GIRLS CIRCLE. January 24, February 4 & 11, 2:15-4:00 pm. For grades 6 to 8, Fee: \$20. Grades 3-5 dates tba. Our girls self-esteem workshop. Hands on activities are designed to increase girls' self-esteem, body image, and social support. During this program girls will: develop connections and feel included, build strong interpersonal relationships, dissolve barriers to respect, confidence, and empathy. Call to register at 860-434-7208 x0.

AMERICAN GIRL WORKSHOPS. Saturdays at LYSB. Fee: \$15, Ages 5 and older. Join your friends and bring your favorite doll to our American Girl events. Each month we will enjoy a new crafty project. Enjoy yummy snacks, American Girl stories, games and crafts. Visit our website for upcoming dates and projects. Pre-register 860-434-7208 x0.

CHANGE HAPPENS: For Children of Divorce. Meets Wednesdays 4:30-5:30 pm. Change Happens is LYSB's program for children and adolescents whose families are going through divorce, separation, remarriage, and custody issues. This

continued on page 16



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• *Youth Service continued from page 15* •

program was designed to assist children through the continuum of family reorganization, change or upset.

We will address self-esteem, issues of loss, communication and transition. Hands on activities will help young people express themselves. All young people who are managing the emotions and hurdles of family transitions will benefit from this program which will be held at LYSB and run by a licensed clinical social worker. For grades 1-12, placed in groups of similar age peers. New sessions starting monthly. Call to pre-register 860-434-7208 x0.

ACTING UP! Mondays from 6-8pm, starts March 2013. Dinner provided. LYSB's prevention drama troupe for any high school student living in L/OL. The purpose of Acting Up! is to provide high school students with the necessary tools to "dramatically" improve their lives and self-esteem through the art of acting and writing, and to positively influence the lives of middle and elementary school students through performance. Working with an acting coach, Acting Up! members will write and perform their own sketches for middle and elementary students about the problems they are facing or will face in the near future. Topics may include peer pressure, underage drinking, drug use, bullying/teasing, eating disorders, etc.

During the meetings we will work on our acting skills and write a script for a production to be presented to the elementary and middle schools in Lyme and Old Lyme in June. We plan to perform a show that incorporates comedy, music, and audience interaction while getting across our message. We feel that if we start explaining the consequences of actions the young students may take, we will be able to lessen the problems and bad situations they may find themselves in, in years to come.

It is our hope that through our work with younger students, we will be able to give our own members a sense of pride knowing they are helping to make a difference. We want to make Acting Up! a place for people to grow, both within themselves and as valuable members of the community. For more information call LYSB at 860-434-7208. Fun is guaranteed!

YOGA FOR TEENS & ADULTS. Thursdays, 7 pm – 8 pm year round. Relax and restore your mind, body, and spirit. Wear comfortable clothing and bring a mat. \$10/class, drop in. Taught by Joanie Fitton.

CASFY: Community Action for Substance Free Youth. Meets the first Monday of the month at LYSB at 7 pm. CASFY is the prevention coalition for Lyme and Old Lyme and our goal is to reduce substance use among youth through a variety of strategies. We are fortunate to have a strong group of citizens who care about this issue. Please join us at an upcoming meeting. Newcomers are most welcome! To learn more about our work, visit www.lysb.org and click on CASFY.

JOB BANK. Do you need help with your lawn? Need a new babysitter? Have odd jobs waiting for attention? Call the LYSB Job Bank for names of area youth interested in working for you (860-434-7208). Kids who want to be listed in the Job Bank need to register at LYSB with a parental permission form available at www.lysb.org For middle and high school youth ages 12 - 18.

— Mary V. Seidner, Director
Lymes' Youth Service Bureau



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Essex Winter Series

For over 30 years, the Essex Winter Series has brought a variety of musical concerts to the Shoreline area. Our patrons come from far and wide. These concerts range from classical to jazz, for young and old. In 2010, the "Fenton Brown Emerging Artists Concert" was inaugurated. Each year a benefit has raised the funds to sponsor an annual concert featuring talented but undiscovered musicians as well as an outreach program in local schools and the community...bringing the music of these young musicians to hundreds of children and elderly at no cost to them. Following is the concert agenda for 2013.

On Sunday, January 13 at 3:00 p.m. at Valley Regional High School, the EWS will kick off the season with a **Special 35th Anniversary Concert: "Romance on the River"**. Opening this anniversary season is a unique concert celebration of love by two local couples, who are all internationally acclaimed artists in their own right. Soprano Patricia Schuman and bass-baritone David Pittsinger will join forces with Essex Winter Series Artistic Director and pianist Mihae Lee and French hornist William Purvis in an unforgettable recital that will warm your heart. Don't miss your chance to experience this collaboration of talents in an imaginative program that includes romantic works by Robert and Clara Schumann, Schubert, Copland, Dvorák, Verdi, and many more. Concert sponsored by Essex Savings Bank

The Sunday, February 10 concert at 3:00 p.m. Valley Regional High School, features **The Orion String Quartet with emerging artist, clarinetist Romie de Guise-Langlois**. The Orion String Quartet is one of the most sought-after ensembles in the United States and abroad. Since its inception, violinists Daniel Phillips and Todd Phillips (brothers who share the first violin chair equally), violist Steven Tenenbom, and cellist Timothy Eddy have been consistently praised for the fresh perspective and individuality they bring to their performances. They will delight us with two of Schubert's extraordinary string quartets, No. 13 Rosamunde and No. 14 Death and the Maiden and, for Mozart's beautiful Clarinet Quintet, they will be joined by our 2013 Fenton Brown Emerging Artist, a rising star, clarinetist Romie de Guise-Langlois.

Concert sponsored by Guilford Savings Bank and Landscape Specialties and by the Friends of the Fenton Brown Emerging Artists Concert

Sunday, March 3 at 3:00 p.m. at Valley Regional High School, brings one of the public's favorite concerts, **The Northeast Traditional Jazz Ensemble with band leader Scott Philbrick**. More than a decade after their appearance in the Essex Winter Series' inaugural jazz concert, the Northeast Traditional Jazz Ensemble with bandleader Scott Philbrick, is back to warm up a chilly winter afternoon with some smokin' hot jazz. Seven equally outstanding jazz musicians will come together to form the band for this one special concert event. They will take the audience on a journey through the early jazz forms of ragtime and the introduction of improvisation, to New Orleans with the blues and Dixieland, to prohibition-era Big Band, to the much loved Swing. You'll be dancing in the aisles! Concert sponsored by Tower Laboratories and The Clark Group.

The last concert in the 2013 series is Sunday, March 17, 3:00 p.m., at John Winthrop Middle School. **The American Brass Quintet**. Now in its 51st season, the American Brass Quintet has been internationally recognized as one of the premier chamber music ensembles of our time and an icon in the brass world. The ABQ's rich history includes performances in Europe, Central and South America, the Middle East, Asia, Australia and all fifty of the United States; a discography of over fifty recordings, and the premieres of over one-hundred contemporary brass works. To close our 35th season they will perform music spanning centuries; from a collection of Elizabethan Dances and works by Monteverdi to the music of 21st Century composers Lacerda, Sampson and Tower. What a fanfare to end the season! Concert sponsored by the Edgard and Geraldine Feder Foundation.

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Sunday, January 13

Special 35th Anniversary Concert – a unique concert celebration with soprano **Patricia Schuman**, bass **David Pittsinger**, French hornist **William Purvis** and pianist **Mihae Lee**

Sunday, February 10

World-renowned **Orion String Quartet** with our 2013 Emerging Artist, clarinetist **Romie de Guise-Langlois**

Sunday, March 3

Jazz Concert featuring **The Northeast Traditional Jazz Ensemble** with band leader **Scott Philbrick**

Sunday, March 17

American Brass Quintet, an internationally recognized ensemble that has expanded the realm of chamber music for more than 50 years

All concerts are held on Sundays at 3 p.m. at Valley Regional High School in Deep River, CT, except for the March 17 concert, which will be held at John Winthrop Middle School in Deep River, CT.

P.O. Box 383, Essex, CT 06426 • (860) 272-4572 • essexwinterseries.com

News Briefs from Town Hall

Applications for the Board of Assessment Appeals process will be available in this office the middle of January. Applications must be filled out and returned to the Assessors office in its entirety on or before February 20th. The Board of Assessment Appeals will meet in March. The meeting schedule will be set at the end of January.

The Assessors Office reminds residents of Elderly & Totally Disabled and Additional Veterans tax relief availability. Elderly & Totally Disabled Tax Relief for Homeowners is available from February 15 through May 15. An additional Veterans Exemption is also available for those who qualify for the above. To qualify, recipients must have reached the age of 65 or older by the end of the previous year or be totally disabled. Eligibility is also based on combined/single income limitations & length of home ownership. Applicants may not be receiving federal, state, county or municipal financial subsidy or aid.

Blind Exemptions must be filed by January 31, 2013. Contact the Assessors Office for more detailed information.

Please call Mickie Fraser, Administrative Assessment Technician (434-1605 Ext. 219) with any questions.

Town Hall will be closed on the following Holidays: Tuesday, Dec. 25 – Christmas, Tuesday, Jan. 1 – New Year’s, Monday, Jan. 21 – Martin Luther King, Jr., Monday, Feb. 18 – President’s Day, and Friday, Mar. 29 – Good Friday.

Curbside trash removal is performed by Shoreline Sanitation (434-0052). There is no trash pick-up on the following Holidays: Christmas (Dec. 25, 2012), New Year’s (Jan. 1, 2013), Memorial Day (last Monday in May), July 4th, Labor Day (first Monday in Sept.), and Thanksgiving Day (fourth Thursday in Nov.). Trash normally collected on Thanksgiving is picked up the next day, along with the regular Friday pickup. For other holidays, trash pickup moves up a day, until Thursday and Friday, which remain on schedule.

Please have trash container out at curbside by 6 am on your assigned day. Containers should be three feet away from any other objects, such as mailboxes, cars, other containers, planters, etc. Please do not block breakdown/emergency lanes.

Single stream curbside recycling pick-up is provided for clean bottles, cans, #1 - 7 plastics and paper products co-mingled in the green recycling carts every other week. Corrugated cardboard boxes need to be flattened for recycling. A complete list of acceptable single stream recyclables is available on the Town’s website (www.oldlyme-ct.gov)-- click the trash

and recycling link on the Selectman’s or Public Works pages -- at www.shorelinesanitation.com and in the Selectman’s Office at Memorial Town Hall on Lyme Street, and the Landfill/Transfer Station. Please phone Michele Hayes-Finn (860-434-1605, ext. 212) with additional questions.

Curbside recycling is performed every other week by Shoreline Sanitation (860-434-0052). There is no recycling pick-up on the following Holidays: Christmas Day (Dec. 25), New Year’s (Jan. 01 2013), Memorial Day (last Monday in May), July 4th, Labor Day (first Monday in Sept.), and Thanksgiving Day (fourth Thursday in Nov.). Recycling normally collected on Thanksgiving is picked up the next day, along with the regular Friday pickup. For other holidays, recycling pickup moves up a day, until Friday, which remains on schedule. Recycling information is available on the Town’s website (www.oldlyme-ct.gov), in the Selectman’s Office at the Memorial Town Hall on Lyme Street, or at the Landfill/Transfer Station. Please phone Michele Hayes-Finn (434-1605, ext. 212) with additional questions.

Electronics are now accepted at the Transfer Station. Residents are able to bring the following items to the Transfer Station on Four Mile River Road: computers (personal computers, mainframes, mid-range computers, laptops); networking equipment (hubs, switches, control cards, etc.); computer monitors, televisions, printers, keyboards, mice, adaptors, stereos, speakers, VCR’s, scanners, fax machines, copiers telephones and telephone systems, computer wire and cable; computer drives and storage devices (floppy drives, CD ROMs, hard drives), power supplies, circuit boards, microwaves, scrap copper (cable, pipe, etc.), scrap aluminum (machine and machine parts, cable extrusions, etc.), fluorescent light bulbs, UPA (uninterrupted power supply) batteries, and related computer and electronic equipment.

Additional automated trash and recycling containers should be ordered through Michele Hayes-Finn (434-1605, ext. 212) in the Selectman’s Office at the Memorial Town Hall on Lyme Street. Containers cost \$80.

Transfer Station/Landfill Hours. The Transfer Station is open Tuesday-Friday, 7:30 am - 3:45 pm, Saturday, 8:30 am - 4:00 pm. Closed Sunday and Monday.

Bulky Waste and Demolition: Vehicles will be charged by weight at \$110/ton. Recyclables should not be mixed in the same load with Bulky Waste or Demolition debris. Loads less than 100 lbs. are charged a minimum fee of \$5.

Brush is charged on a per load basis. No wood or limbs thicker than four inches are accepted.

Grass clippings are not allowed at the Transfer Station because of chemical contamination from pesticides and fertilizers and cannot be deposited in your trash can. Please compost on your property.

Phone Michele Hayes-Finn in the Selectman’s Office at the Town Hall (860-434-1605, ext. 212) to report a streetlight outage and/or trash or recycling problem. When reporting a streetlight, please make note of the pole location and pole number. Thank you!



The Early Railroad in Old Lyme

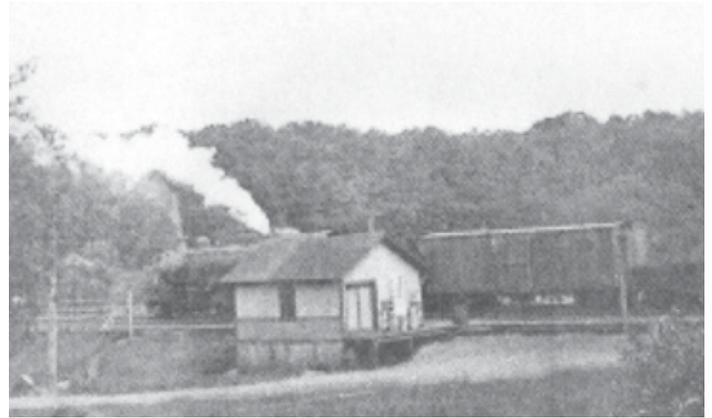
The tracks of the New Haven and Stonington Railroad arrived in the early 1850s in Lyme and Saybrook, as the towns of Old Lyme and Old Saybrook were then known. At that time, however, there was no railroad bridge over the Connecticut River, as the steamship companies operating on the river saw bridges as hazards to navigation and also as a business threat. Therefore, the trains stopped at one bank or the other, and the cars were uncoupled from the locomotive, loaded onto a steam ferry called "Shampishue" and transported to the other bank where they were unloaded, coupled onto a waiting locomotive and sent on their way. The locomotive which remained on the opposite river bank was rotated on a turntable where it then awaited the arrival of a train from the other side.

Stations were constructed at the stopping points on each side of the river, the Connecticut River Station in Saybrook and the Lyme Station in Lyme (now Old Lyme). Two additional stations were subsequently built in Lyme: one called Blackhall near the junction of today's Bailey and Mile Creek roads and the other called South Lyme at the entrance to today's Point O' Woods. Eventually the objections to a railroad bridge by the steamship companies were overcome and the first bridge opened in 1872. Since this bridge was erected somewhat downstream from the ferry crossing, the stations on either bank were then left some distance from the tracks. Consequently, the Saybrook station was closed and passenger traffic shifted to the station located at the site of today's Amtrak/Shore Line East station. Lyme Station was eventually closed and replaced by a new Lyme Station near the McCurdy Road underpass. This put the new station quite close to the Blackhall station, so the latter was closed and replaced by a station near today's Cross Lane, called Sound View.

The 1872 railroad bridge was a rather spindly looking affair. It was single-tracked, as was the whole shoreline route, and at one time it may have had wooden sides to mitigate the effects of wind on the lightweight trains of the era. This original railroad bridge was replaced by a stronger structure in the late 1880s which, in turn, was replaced in 1907 by the present bridge. The present 105-year-old bridge was double-tracked, reflecting upgrades to the whole Shoreline route—although the abutments were built wide enough to accommodate four tracks, reflecting the optimism for the future of train travel prevalent in the early 1900s.

Train service to Old Lyme gradually slowed and eventually stopped. It appears that the last station to go out of service, sometime in the 1930s, was Lyme Station. Interestingly, the name Lyme Station still appears on topographic maps of Old Lyme, referring to the area where the station was located. No traces of the train stations remain today although, on a site like Google earth, examination of the area around the DEEP building at the end of Ferry Road will show faint traces of the railroad bed which once led to the ferry slip. One can only wonder if, with the anticipated increase of commuter rail traffic to New London, Old Lyme might again one day see a train station in town.

Papers in the archives of the Old Lyme Historical Society show that Attorney Charles McCurdy of Lyme sold land to the



C. F. Carter's Store and post office and railroad freight house, South Lyme, CT, circa 1920, photo courtesy of the Point O' Woods Water Pollution Control Authority website www.point-o-woods-wpca.com

railroad and also served as a director. Other papers indicate a town meeting called to discuss replacing a level crossing with a bridge over the tracks on Back Road, today's Buttonball Road. Little is known about the construction of the other five under/overpasses in town.

— Mark Lander

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The Size-Up

Welcome to the seventh edition of The Size-Up. First off, your Old Lyme Fire Department would like to thank everyone in our town for their help and cooperation in preparatory as well as recovery efforts related to Hurricane Sandy. It was a total team effort and our fellow citizenry response was noteworthy. Winter is now upon us and it is our hope that all enjoy a safe Christmas and holiday season as well as a happy healthy 2013. Here are some tips for reducing risk factors and keeping your loved ones and home free from fire:

Wood Stove and Fireplaces

Wood stoves and fireplaces are becoming a very common heat source in homes. Careful attention to safety can minimize their fire hazard.

To use them safely:

- Be sure the fireplace or stove is installed properly. Wood stoves should have adequate clearance (36 inches) from combustible surfaces and proper floor support and protection.
- Wood stoves should be of good quality, solid construction, and design. Purchase wood stoves evaluated by a nationally recognized laboratory, such as Underwriters Laboratories (UL).
- Have the chimney inspected annually and cleaned if necessary, especially if it has not been used for some time.
- Do not use flammable liquids to start or accelerate any fire.
- Keep a glass or metal screen in front of the fireplace opening, to prevent embers or sparks from jumping out, unwanted material from going in, and help prevent the possibility of burns to occupants.
- The stove should be burned hot twice a day for 15-30 minutes to reduce the amount of creosote buildup.
- Don't use excessive amounts of paper to build roaring fires in fireplaces. It is possible to ignite creosote in the chimney by overbuilding the fire.
- Never burn charcoal indoors. Burning charcoal can give off lethal amounts of carbon monoxide.
- Keep flammable materials away from your fireplace mantel. A spark from the fireplace could easily ignite these materials.
- Before you go to sleep, be sure your fireplace fire is out. NEVER close your damper with hot ashes in the fireplace. A closed damper will help the fire to heat up again and will force toxic carbon monoxide into the house.
- If synthetic logs are used, follow the directions on the package. NEVER break a synthetic log apart to quicken the fire or use more than one log at a time. They often burn unevenly, releasing higher levels of carbon monoxide.

Furnaces

It is important that you have your furnace inspected to ensure that it is in good working condition.

- Be sure all furnace controls and emergency shutoffs are in proper working condition.

- Do not attempt repairs yourself: leave furnace repairs to qualified specialists.
- Inspect the walls and ceiling near the furnace and along the chimney line. If the wall is hot or discolored, additional pipe insulation or clearance may be required.
- Check the flue pipe and pipe seams. Are they well supported and free of holes and cracks? Soot along or around seams may be an indicator of a leak.
- Is the chimney solid, with cracks or loose bricks? All unused flue openings should be sealed with solid masonry.
- Keep trash and other combustibles away from the heating system.

Kerosene Heaters

- Be sure your heater is in good working condition. Inspect exhaust parts for carbon buildup. Be sure the heater has an emergency shut off in case the heater is tipped over.
- Never use fuel burning appliances without proper room venting. Burning fuel (coal, kerosene, or propane for example) can produce deadly fumes. Use ONLY the fuel recommended by the heater manufacturer. NEVER introduce a fuel into a unit not designed for that type fuel.
- Keep kerosene, or other flammable liquids stored in approved metal containers, in well ventilated storage areas, outside of the house.
- NEVER fill the heater while it is operating or hot. Follow manufacturer's instructions. When refueling an oil or kerosene unit, avoid overfilling. Cold fuel may expand in the tank as it warms up.
- Refueling should be done outside of the home (or outdoors). Keep young children away from space heaters – especially when they are wearing pajamas or other loose clothing that can be easily ignited.
- When using a fuel burning appliance in the bedroom, be sure there is proper ventilation to prevent a buildup of carbon monoxide.

Winter Storm Fire Safety

Fire-Related Hazards present during and after a winter storm

- Alternative heating devices used incorrectly create fire hazards.
- Damaged or downed utility lines can present a fire and life safety hazard.
- Water damaged appliances and utilities can be electrically charged.
- Frozen water pipes can burst and cause safety hazards.
- Leaking gas lines, damaged or leaking gas propane containers, and leaking vehicle gas tanks may explode or ignite.
- Generators are often used during power outages. Generators that are not properly used and maintained can be hazardous.

continued on page 21

Old Lyme Historical Society

2013 Now and Then Community Calendar

This latest Old Lyme Historical Society publication, in what is hoped will be an annual tradition, juxtaposes wonderful historical photographs from the archives with contemporary ones of the same scene. The twelve community organizations that have sponsored a month for this year's calendar are Center School PTO, Coffee's Country Market, Cooley Gallery, Florence Griswold Museum, Lyme Art Association, Lymes' Youth Service Bureau, The Nearly New Shop, Old Lyme Marketplace, The Old Lyme-Phoebe Griffin Noyes Library, Old Lyme Town Hall, Sound View Beach Association, and The Village Shops. "2013 Now & Then, Old Lyme Community Calendar" was designed by James Meehan and edited by Alison Mitchell. The calendars are available through the Historical Society's website www.oldlymehistoricalsociety.org, at the Florence Griswold Museum, or at The Old Lyme-Phoebe Griffin Noyes Library.

Memberships, Renewals and New

Memberships to the Old Lyme Historical Society run on a calendar year basis, so now is the time to renew your current membership or the perfect time to consider becoming a new member. Membership includes a subscription to the Historical

Society's semiannual newsletter River & Sound, invitations to member-only events, a 10% discount on the organization's publications, discounted rates for certain events, priority status to obtain genealogical research material at the PGN Library, and the realization that your tax-deductible contribution supports a vital cultural resource. Memberships begin at a very reasonable \$10 for students, \$20 for individuals, and \$30 for families and may be purchased on the website www.oldlymehistoricalsociety.org.

Vintage! Antiques Appraisal Event, Save the Date

Have your vintage treasures appraised at the Old Lyme Historical Society's antiques appraisal event "Vintage!" to benefit their scholarship fund. The event will take place on Sunday, March 17 between 1:00 and 5:00 PM at the Old Lyme Town Hall. Each verbal appraisal costs \$5 per item, and there is a three-item limit per person. The appraisers will be announced closer to the date. If you're a fan of the "Antiques Roadshow" or if you've been wondering what some of your vintage items are worth, this event is for you!

• The Size-Up continued from page 20 •

To safeguard yourself, your family, and your home from these potential hazards, please follow the safety tips listed below:

Chemical Safety. Look for combustible liquids like gasoline, lighter fluid, and paint thinner that may have spilled. Thoroughly clean the spill and place the containers in a well ventilated area. Remember to keep combustible liquids away from any heat source.

Electrical Safety. If your home has sustained flood or water damage, and you can safely get to the main breaker or fuse box, turn off the power. Assume all wires on the ground are electrically charged. This includes cable feeds. Look for and replace frayed or cracked extension cords, loose prongs, and plugs; exposed outlets and wiring could present a fire and life safety hazard. Appliances that emit smoke or sparks should be repaired or replaced. Be sure to have a licensed electrician check your home for any damage.

Gas Safety. Smell and listen for leaky gas connections. If you believe there is a gas leak, immediately leave the house and leave the door open. Never strike a match: any size flame can spark an explosion. Before turning the gas back on, have the gas system checked by a professional.

Generator Safety. Follow the manufacturer's instructions and guidelines when using a generator. Always use a generator or other fuel-powered machines outside of the home. Carbon monoxide fumes are odorless and can quickly overwhelm you indoors.

Always be sure that every level of your home has a working smoke alarm, and be sure to test and clean it on a monthly

basis. Plan and practice a home escape plan with your family. Until next time, stay safe out there.

— Firefighter John J. Cody,
OLFD Safety/Public Affairs Officer

Acknowledgement: Excerpts in this article taken from the Federal Emergency Management Agency, U.S. Fire Administration: Focus on Fire Safety/Winter Fire Safety.

Pet Connections, Inc,

Pet Connections, Inc, is a nonprofit all volunteer organization committed to rescue, rehabilitation and responsible placement of abandoned and abused animals. We provide medical care, including spaying, neutering, vaccinations and finding forever homes for those in need. We have no shelter facility as yet, and must rely on the generosity of individuals. All donations go completely to help the animals.

If you are interested in joining Pet Connections, "to help those who can't help themselves" please call 860 434-4640.

Growing a Manufacturing Base in Connecticut

Manufacturing has always been the backbone of the economy, especially in Connecticut. Unfortunately, in recent years we've seen more and more businesses close their doors, lay off workers and either go out of business entirely or move operations to more business-friendly states with lower taxes and cheaper energy.

Certainly the national manufacturing climate has changed and as a nation we're not producing as many tangible goods as the past. However, the policies instituted in Hartford – high taxes, unfunded mandates, onerous permitting processes and red tape – also play an important role in those losses. Connecticut has qualified men and women ready to do these jobs, from the most basic to intricate and high-tech, and we must find ways to get them back to work and reclaim our status as a manufacturing powerhouse.

That's why I am pleased the legislature created a Manufacturing Caucus charged with evaluating and assisting Connecticut manufacturers to train and educate workers. Another goal of the caucus is to help Connecticut businesses compete locally, nationally and globally for venture and start-up capital.

Recently, the Manufacturing Caucus held a meeting to discuss pressing issues for the coming legislative session. Some of the ideas included better identification and support for manufacturer's needs, developing networks to improve and discover new ideas and commercial opportunities, creating a voucher



State Representative Marilyn Giuliano

program to assist startup businesses get access to accurate and up-to-date research, and developing a research company with a focus on new technology. The caucus also intends to focus on creating a positive image of manufacturing to boost youth involvement and develop career interest by building an integrated system of high school and college programs to educate and train workers based on employer needs. While this is just an outline of some of the ideas I think it's a good first step.

Manufacturing in Connecticut accounts for more than \$25.9 billion of our state's gross product yearly. That's more than 11% of our state's total workforce, according to a report by the Connecticut Industrial Energy Consumers. Across the nation, nearly \$50 billion a month, or more than 60% of exports are linked directly to manufacturing. Those exports also account for \$1.37 in additional activity for each and every dollar spent. Investments in manufacturers clearly pay dividends back to the communities that support and sustain them.

— State Representative Marilyn Giuliano

State Rep. Marilyn Giuliano represents Lyme, Old Lyme, Old Saybrook and Westbrook in the Connecticut General Assembly.

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1st Annual Adult Trivia Bee Rescheduled

The Lyme Old Lyme Education Foundation had to reschedule their 1st Annual Adult Trivia Bee due to Storm Sandy.

So far 23 teams are registered for the Bee, now scheduled for January 25, 2013.

The event is FREE to the audience. The cost of a 4 man team is \$200.



WARM THE CHILDREN

Providing New Winter Clothing For Needy Children

In the Valley Shore, needy children will go cold this winter without your help. The Warm the Children Fund is neighbor helping neighbor. Events Magazines and the Old Saybrook Rotary Foundation are asking readers to donate to the fund, and all proceeds will be used to buy new winter clothing for needy area children. This is the 20th Warm the Children campaign. Children who benefit from the program live in Essex, Chester, Deep River, Lyme, Old Lyme, Old Saybrook and Westbrook. Social service agencies in each town will work with coordinator Jason Smith, assisted by Dick Campbell, John Donnelly, Ken Roche, Bret Taylor, Bill O'Shaughnessy and Stephen Brinkmann. The coordinators will make arrangements with Wal-Mart in Old Saybrook and assign Volunteer Shoppers to take the families shopping for their winter clothing. Shoppers are local residents who want to help out by donating their time for this worthwhile cause.

As donations are received, volunteer shoppers are asked to call a family to set up a shopping trip to Wal-Mart. Shoppers then meet the family at the store and assist in picking out approximately \$90 worth of clothing per child. All \$90 is spent on clothing whether it be coats, hats, gloves, mittens, boots or winter clothing. There are no administrative costs of any kind.

Simply complete the coupon and send it to the address on the coupon. All donations are tax deductible. Thank you!



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Please make check payable to **Warm the Children** and mail to:
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Estuary Council

ESTUARY COUNCIL OF SENIORS, INC. has been serving seniors in the nine-town Estuary region for 35 years. Call us to receive our *Gazette Newsletter* or go to www.ecsenior.org for our online newsletter, events calendar, menu, and more.

CAFÉ MEAL SITES - Old Saybrook, Old Lyme, Chester, Clinton, and Westbrook (Thursdays). Reservations required by calling 860-388-1611 by 11 am, 24 hours in advance.

MEALS ON WHEELS – hot meals delivered to your home. Call Diane at 860-388-1611. A \$3.00 donation request for those aged 60+. Meals are supported by Senior Resources Agency on Aging with Title III funds available under the Older Americans Act.

STAN GREIMANN ESTUARY MEDICAL OUTPATIENT TRANSPORTATION For medical appointments, to any medical location beyond the nine-town estuary region. Call Judy at 860-388-1611. Suggested donation of \$35.

CLASSES AND ACTIVITIES: Board Games, Billiards, Ping Pong, Yoga, Exercise Classes, Mah Jongg, Wii, Cribbage, Writer's Group, Book Club, Quilter's Group, Needlecrafters, Hand and Foot, and more! Check the Gazette for all of our programs.

ESTUARY THRIFT SHOP: Hours are from 10 a.m. – 4 p.m. Mon. – Fri. and 9 a.m. – 1 p.m. on Saturdays. Clothes (men, women, and children), kitchen items, crafts, and more

available. Donations are accepted and volunteers always needed.

HOLIDAY LUNCHESES: Join us in Old Saybrook for our annual Christmas luncheon on December 19th at noon, featuring holiday classics by Racquel Whipple. The reservation deadline is December 12th at 11 am. Call 860-388-1611 to make your reservations. And, you are cordially invited to join us for the 2nd Annual New Year's Extravaganza on December 28th at noon in Old Saybrook. This event is fancy, fancy, fancy. Music will be provided by Encore Entertainment. Reservation deadline is December 19th at 11 am. Call 860-388-1611 to make your reservations. Happy Holidays!

DONATE YOUR CAR OR BOAT TO THE ESTUARY COUNCIL. Turn your car or boat into a tax deduction by calling 1-800-716-5868. Vehicle does not have to run. Proceeds benefit the vital services we provide in the nine town Estuary Region.

YOU'VE GOT MAIL! - Be the first to know what is happening by getting our newsletter emailed to you. Visit our website at www.ecsenior.org and click on the Newsletter icon to follow the link and sign up! Please let us know to remove you from the mailing list once you've decided to go paperless.

VOLUNTEER OPPORTUNITIES: Call Judy at 860-388-1611.



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OLD LYME NEWCOMERS' GUIDE

Welcome to Old Lyme!

On behalf of *Events Magazines*, welcome to Old Lyme. Whether you are new to Connecticut or just new to Old Lyme you will find wonderful people and places to visit in town. From the Old Lyme Midsummer Festival to the Holiday Tree Lighting & Carol Sing, Old Lyme has something for everyone. Below are important phone numbers. Please tear out this page and keep it for future reference. We at *Events Magazines* and Essex Printing support local businesses.

Please use this guide and "Buy Local" – we do!

BUSINESS & PROFESSIONAL SERVICES

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 OLD LYME HISTORICAL SOCIETY (860) 434-0684
 9 TOWN TRANSIT. (860) 510-0429
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 OF COMMERCE (888) 302-9246
 LYME/OLD LYME JR WOMEN'S CLUB. (860) 501-9773
 DEMOCRATIC TOWN COMMITTEE (860) 434-2271
 REPUBLICAN TOWN COMMITTEE (860) 434-0740
 LYME ART ASSOCIATION (860) 434-7802
 VETERANS OF FOREIGN WARS -
 LYMES' POST 1467 (860) 434-4207
 AMERICAN LEGION - POST 41 (860) 664-0047

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 MULTICULTURAL MAGNET
 (NEW LONDON) (860) 437-7775

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9 TOWN TRANSIT (860) 510-0429

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OLD LYME VISITING NURSES (860) 434-7808

Want to be listed on the Newcomers' page?

Call Betty Martelle at (860) 333-7117

Old Lyme Visiting Nurse Association

The Old Lyme Visiting Nurse Association has given more than 325 free flu immunizations to our community members so far this year. A supply of vaccine remains available so that until it is depleted, any town resident age 18 and older wishing to receive a flu shot can do so by coming to the Town Nurse's office located in the Lymes' Senior Center at 26 Town Woods Road, Old Lyme. The office hours are Monday and Wednesday from 11 a.m. to 1 p.m. and on Tuesday, Thursday and Friday between 12 noon to 1 p.m. Persons who are home-bound and in need of an inoculation may call the nurse at 860-434-7808 to make arrangements for a free home visit. Since the incident of influenza cases usually peak in our area in late January and on, there is still time to take advantage of the extra protection that an immunization will give.

Unfortunately, due to Hurricane Sandy the Association was obliged to cancel our Health and Wellness Day fair that was scheduled for Saturday, November 3rd. We express thanks to

the two dozen plus doctors, nurses, therapists, hospital groups and other health care related persons and services who were scheduled to participate and anticipate staging this valuable community public health service again next year.

The Association and the Lyme – Old Lyme Junior Women's Club will be co-sponsoring the annual Pre-Kindergarten Audio/Visual Screening Clinic in the spring for all incoming kindergarten students to Lyme – Old Lyme Regional District 18 public schools. Complete details for the clinic will be available in early 2013. Parents will be given the opportunity to make appointments for this free service at the time of school registration or at anytime thereafter by calling the Old Lyme VNA Administration phone line at: 860-434-5241, during normal business hours, 9 a.m. -5 p.m. Monday to Friday.

— Muriel Drugan, Executive Director, OLVNA

A Place to Call Home

Tips for Choosing a Senior Living Community

When is the right time to consider moving to a Senior Living Community? The correct answer is, before you need actual care. If you are between 70 and 80 years old, and in fairly good health, then potentially you have 15 – 25 more years to enjoy life. With all of the wonderful amenities offered at a variety of Senior Living Communities, why not enjoy those years without the burden of mortgages, taxes, homeowners insurance, repairs, etc.?

If you are considering a move to a Senior Living Community or you are assisting your parent in the process, I want to congratulate you on taking the first step. This process does not have to be stressful, if you keep the following in mind:

- Compare the pros and cons of each community against your current preferences as well as the changes you may anticipate in the future
- Visit a good variety of communities as there are multiple choices in our shoreline area
- "Finances" – What can I afford? Do I want to rent or do I want a refundable entrance payment?

- "Atmosphere" – Do I prefer a casual or more formal setting? Do I want a large population or a more intimate setting?
- "Activities" – What is my style? Do they have a pool, scheduled trips, musical activities, art programs, fitness programs, etc?
- "Transportation" – Does the community offer "on demand" transportation? Is there transportation to a grocery store, shopping mall and various outings?
- "Healthcare" – What type of healthcare is available? Is it on site?
- "Ownership" – Who owns/manages the community and are they financially sound?

While on your tours, please pay close attention to the residents and staff. Are they friendly and welcoming? Do they treat each other with respect? Make sure you ask about staff turn-over. Remember, happy employees stay longer and make for a happy community.

Plan a meal in the dining room and make sure it is without the Marketing Director. Engage with residents to determine if you have common interests. Ask them how long they have been living in the community and are they happy. Visit model apartments and picture your own furnishings in them. Again, remember to take a camera to capture important features.

After researching various communities, the ultimate decision will be based upon what feels right, comfortable and where you "feel at home". Most residents will tell you they wish they had made the decision sooner. Do not delay so that you can enjoy or watch your parent(s) enjoy real senior living.

Contact Marian at 860-526-6800 for advice and more information about senior living in our communities.

— Marian Bairstow, Chester Village West



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Essex Savings Bank

Opening Chester Branch

Essex Savings Bank President and CEO, Gregory R. Shook reported that he has negotiated and executed a lease agreement with the town of Chester in the former Bank of America branch. It is expected the branch will begin operations in December after modest renovations. Mr. Shook stated: "We are thrilled to have the opportunity to bring back Community banking to Chester. Since 1851 we have been a safe financial harbor providing a value-added formula comprised of outstanding advisors and officers that take pride in building long term personal relationships...Essex Savings Bank is proud to offer a full complement of financial services for the individual, business, trust and investment clients in Madison and the surrounding communities."

He noted that John W. Rafal, President of Essex Financial Services, the bank's subsidiary, was ranked number one in Barron's Top 100 Independent Financial Advisers article for

several years including Barron's Top 100 Financial Advisers. Most recently he was featured in their The Best Advice article in the November 10, 2012 "an Optimist's agenda".

"Our team also includes, Granville Morris, Senior Vice President, the leader of the trust department who as an experienced Trust Attorney leads an extraordinary team who fulfill the individual needs required in the protection and preservation of clients' assets," Shook stated. The Bank's capital far exceeds regulatory requirements for "well capitalized" banks. Mr. Shook further added, "We do not have shareholders to please and continue our long heritage as a mutual savings bank, a non-public organization with a far-reaching vision for our customers and the communities we serve. Our Community Investment Program, which returns 10 percent of our after tax net income to non-profits, is a testament to our commitment to the quality of life we strive to support in our area of operations."

Conservation Commission

The Old Lyme Conservation Commission heartily endorses the Inland Wetland Commission's latest efforts to address the issue of nonpoint pollution of our lakes, streams, and wetlands. The State of Connecticut has just passed a law mandating a statewide effort to reduce the impact on the environment of phosphorous and nitrates in such sources as chemical fertilizers. We are informed that just one pound of phosphorous is sufficient to produce 10,000 pounds of vegetation, such as the green scum that pervaded Rogers Lake this year. Large quantities of green algae were observed throughout the lake. Phosphorous from lawn chemicals is a prime suspect. Most of the soils in our area have enough naturally occurring phosphorous to supply all the needs of our lawns. *Stagreen Ultra* is one lawn care product which contains no phosphorous. If you are not sure of just what your lawn or garden needs, get a soil test from the Connecticut Co-op Extension System or Connecticut Agricultural Experimental Station. Please keep phosphorous out of our water bodies.

News to all bird lovers. According to Safelawns.org the United States Government recently fined *Scott's Miracle Gro Company* 24 million dollars in criminal court for adding an insecticide to their bird feed. Scott's sold this illegally treated bird food nationwide for a period of two years and for six months after employees specifically warned Scott's management of the dangers of the pesticide. There is no estimate of how many birds were killed by bird lovers using Scott's product in their back yard feeders, but 70 million units were sold before the government took Scott's to criminal court. The Government also took Scott's to civil court and collected a \$1.2 million settlement from the company. The Old Lyme Conservation Commission urges residents to reduce the size of their lawns and increase the amount of shrubbery to save money, cut down on lawn mower use, and reduce runoff of lawn chemicals into our water bodies and ground water.

For town updates & information:

www.oldlyme-ct.gov

Holiday Gift Certificates



The logo for RiverQuest features the word "RiverQuest" in a stylized, serif font. The "R" is large and has a curved underline that sweeps under the rest of the word. The "Q" has a small tail that loops back. The overall style is elegant and classic.

A great gift idea for everyone:
RELAXING CRUISE
on the beautiful CT River

Visit: ctriverquest.com

RiverQuest phone: 860-662-0577

Departs from Haddam, CT

Old Lyme Phoebe Griffin Noyes Library

Attending a program? Please register! It's simple and easy to sign up online! Online registration can be found at www.oldlyme.lioninc.org under the Events tab. Having difficulty with registering? Call the Library at 860-434-1684 and the staff will be happy to assist! Many new and exciting programs are being planned for the coming year that we will post to the Library's website and on our program board in the lobby. Be sure to stop in or take a look at our new listings as they become available!

Adult Events

Edwardian Christmas Tea with The Edwardian Lady, Rita Parisi Sunday December 9 at 4:00 pm. Snow date is Sunday December 16. Enjoy an afternoon of holiday cheer as Mrs. Gordon transports you back to Christmas 1908. Find out what ladies, gentlemen and children wanted in their stockings that year, as well as the holiday traditions. Take a moment from the holiday stress as Mrs. Gordon shares with you her plans for the holiday including her preparation of a Christmas dinner. And don't forget to bring along your "Christmas Wish List" and she will open up her 1908 Sears & Roebuck catalogue and let you know how much it will cost you! Seating limited to 60. Registration encouraged to reserve your seat in advance.

Verdi's Women: Free Lecture and Optional Lunch Series sponsored by the Old Lyme Phoebe Griffin Noyes Library December 8 and 15, from 10:30 am - 12:30 pm at the Old Lyme Inn. Funded by the Bring Our Music Back Foundation. The Library presents two programs in a lecture and lunch format with guest speaker and opera expert James Kuslan. Mr. Kuslan will discuss the variety of Verdi's female characters in *Un Ballo in Maschera* and *Aida* to be performed by the Metropolitan Opera this season. As artistic producer, James Kuslan is creating a series of vocal CDs for Deutsche Grammophon to feature some of the German classical record company's most glamorous stars. Mr. Kuslan has been a voice scout in the U.S. for Deutsche Grammophon and wrote the marketing copy and headlines for its 2009, 2010 and 2011 release books. He also contributed the essay that accompanies the recent DVD release of the Metropolitan Opera's new production of *Lucia di Lammermoor* starring Anna Netrebko. Locally, Mr. Kuslan has lectured on operatic disasters and on madness in opera (and mad modern stagings). Connecticut-born, he holds a B.A., cum laude, from the University of Pennsylvania and an M.F.A. in Playwriting from the Yale School of Drama.

DEC 8 talk: BALLO. It's hard to say whether there are two or three major female characters in *Un Ballo in Maschera*. Certainly, Amelia, wife of Renato and also loved by the King, is as womanly—and conventional—a romantic heroine as exists in the Italian repertoire. Ulrica, the soothsayer, is a woman, but a hag. Oscar is the King's page boy, a travesty one role sung by a coloratura soprano. Among the several topics James Kuslan will touch upon is not how clothes make the man in this opera but how they make the woman.

DEC 15 talk: AiDA. Aida is an Ethiopian princess. She is enslaved to Amneris, a princess of Egypt. Both women love

Radamès, Egypt's most promising young warrior. James Kuslan compares the range of loves experienced by these two female characters, which are, variously, selfless, selfish, filial, patriotic, erotic, predatory and ultimately destructive. The scene in Amneris's rooms when Amneris accuses Aida of loving Radamès is as close to mud-wrestling as opera comes. If Joan Crawford and Bette Davis had been opera singers, Aida would have been their vehicle.

Sound clips, some very rare, will be played at all of the talks. The luncheon programs immediately precede the Metropolitan's HD broadcasts of the operas at 12:55 pm at the Katharine Hepburn Cultural Arts Center in Old Saybrook. Participants will enjoy the lecture accompanied by an optional fixed price lunch with ample time to attend the afternoon matinee at the Kate. The Old Lyme Inn is graciously hosting our event with a menu of assorted sandwiches and a beverage for \$15 per person. To reserve your seat and order your choice of sandwich (chicken Caesar, tuna or veggie wrap) please call the OLPGN Library at 860-434-1684 and ask for Katie or Stephanie. The deadline is December 4 for *Un Ballo* and December 11 for *Aida*. Please make payment of \$15 per person per lunch, made out to the Old Lyme PGN Library with your order. No refunds after the deadlines.

Winter Book Discussion Series Co-sponsored by Connecticut Humanities and facilitated by Marsha Bansavage

Victorian Secrets Mondays February 11, March 4, April 1 and May 6 from 7:00 - 8:30 pm. In Victorian England, the status and role of women were subjects of political debate, literary discourse and pictorial representation. From the idealization of The Angel in the House (the domestic guardian of morality and virtue) to the imprisonment of The Madwoman in the Attic (the closeted hysteric), various images of women suffuse Victorian literature and art. Through discussions of four great novels of the period, we will consider depiction of women in an age in which women were both worshipped and subjugated. The novels selected are *Jane Eyre* by Charlotte Bronte, *Mill on the Floss* by George Eliot, *Tess of the D'Urbervilles* by Thomas Hardy, and *Pride & Prejudice* by Jane Austen.

Mah Jongg Classes with Joanie Fitton. Wednesdays at 1:00 pm. Mah Jongg classes are one of the Library's most popular programs and a great way to meet new friends. It's a fun, challenging and competitive game that was brought to America in the early 1920s from China. It is commonly played by four players with a set of 136 tiles based on Chinese characters and symbols. Mahjongg is a game of skill, strategy and calculation, involving a certain degree of chance. Learn how to play and focus on the skills that will make you a patient and avid player while keeping the brain active and agile. Beginners and experienced players are all welcome. Joanie Fitton is a well-known Old Lyme instructor of both yoga and Mah Jongg. All classes will take place in the Community Room.

All classes are ongoing with beginners taking lessons and more experienced players separated into groups to improve

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their skills and have fun! The cost is \$10 per person per class with checks made out to Joanie Fitton. A portion of the fees goes to the Library. All participants must register at their first class and pay in advance. Registrations accepted on a first come basis.

Watercolor Classes for Beginners with Local Artist, Joan Bernard. Tuesdays, Advanced Beginners meet from 10:00 am -12:30 pm. Beginners meet from 1:00 - 3:00 pm. Experience the joy of painting with watercolors and discover the artist within you! The six week course is an introductory level class on watercolors for beginners or anyone who has done some painting previously. Participants will explore the basics of using the three primary colors. Joan Bernard has studied fine art at Syracuse University, The Silver Guild Art Center and Lyme Academy College of Fine Arts. She has been painting in watercolor for 40 years. Joan is a member of the Friends of the Library for three years as a member of the Art Committee who donates her expertise to hanging the Library's art exhibitions. Registration is required with payment in advance. Checks should be made out to Joan Bernard. Class size is limited to 10. Class fee is \$140 per person for six weeks. Beginners will be provided with a list of necessary supplies at the time of registration.

Phoebe's Morning Book Chats – the 2nd Thursday of the Month at 11:00 am. Facilitated by Information Specialists Linda Alexander and Jessica Steding. New titles to be announced on the library's website and Facebook page!

Connecticut River Film Forum Series Season 2012-13. Third Thursdays of the month from October to April 7:30 pm. Welcome to the 8th year of screenings that deliver a mix of genres, including classics, animation, documentary and award winning films presented with thought provoking introductions as well as discussion and socializing afterwards! Formed by a local contingent of avid cinema aficionados who partner with the Library, the series brings acclaimed and independent films to the public. Membership fee is \$25 per person for the series of six films or \$5 per showing. To register, send your name(s), address, phone and email address to Stanford Brainerd, Treasurer, CT River Film Forum, 6 Lyme Street, Old Lyme, CT 06371.

January 17 - *Nowhere in Africa*. A 2002 German film and also the winner of the Foreign Film Academy Award. Fleeing Nazi Germany, a family reunites on a Kenyan farm. Director Caroline Link wrote "This is a fully character-driven film, played against the largely unseen backdrop of the Holocaust." Amazon.com. 141 min.

February 21 - *History is Made at Night*: or A Histoire comencu a Noitre, a 1937 French movie directed by Frank Barzage and starring Jean Arthur and Charles Boyer. "One of the most beautiful and romantic films ever to grace a movie screen." An overlooked gem! Amazon.com. 97 min.

March 21 - *The Beaches of Agnès* (French: Les plages d'Agnès) is a 2008 French documentary film directed by Agnès Varda. The film is an autobiographical essay where Varda revisits places from her past, reminisces about life and celebrates her 80th birthday on camera. She has said that it will most

High Hopes Present the Yale Whiffenpoofs

The world's oldest and best-known collegiate a cappella group, the Yale Whiffenpoofs, will be in concert on January 20, 2013, at the First Church of Christ in Old Saybrook. Please contact High Hopes at 860-434-1974 for more information and tickets.

likely be her last film. Winner of many awards. Wikipedia. 110 min.

April 25 - *The Conformist* (Italian: Il conformista) is a 1970 political drama film directed by Bernardo Bertolucci. The screenplay was written by Bertolucci based on the 1951 novel *The Conformist* by Alberto Moravia. The film features Jean-Louis Trintignant and Stefania Sandrelli, among others. The film was a co-production of Italian, French, and West German film companies. Bertolucci makes use of the 1930s art and decor associated with the Fascist mentality and era: the middle-class drawing rooms and the huge halls of the ruling elite. Wikipedia. 107 min.

Young Adult Events November 2012- March 2013

Wednesday January 9-Wednesday February 27, 7:00-8:00 pm Teen Scene YOGA! Come to the Old Lyme Phoebe Griffin Noyes Library for a relaxing yoga class program series taught by Diane Dennison. Bring your own yoga mat or towel. Space is limited. Registration for each individual session is required. Register online at www.oldlyme.lioninc.org under the "Teen Scene Programs" tab, or call the Library at 860-434-1684. This is a Free. All-ages program.

Friday February 1, 4:00-6:00 pm Teen Scene Henna Tattoo Art Program. Come to the Old Lyme Phoebe Griffin Noyes Library and experience the art of henna with a henna artist available to draw designs on your hand, arm, or foot. . Grades 6 and up are welcome to attend. Materials will be provided. Registration is required. Space is limited. Register online at www.oldlyme.lioninc.org under the "Teen Scene Programs" tab, or call the Library at 860-434-1684. *Henna art can stay on the skin for up to 3 weeks*

Tuesday February 5, 2:30-4:30 pm Teen Scene Make Your Own Valentine. Come to the Old Lyme Phoebe Griffin Noyes Library and make a Valentine using the art of Scrapbooking with Papercraft Clubhouse owner Tracie Larson. Materials will be provided. Grades 6 and up are welcome to attend. Snacks will be served. Space is limited. Registration is required for materials planning. Register online at www.oldlyme.lioninc.org under the "Teen Scene Programs" tab, or call the Library at 860-434-1684.

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Partygoers at the OLPGN Library's 2012 Bookworm Ball

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will delight in listening to stories, singing songs, and making a themed craft. All this free fun takes place on Mondays at 10:30 am in our Community Room. Each program lasts for approximately thirty minutes. No registration required – just drop in!

Thursdays – BabyTime @ 10:15 am. Introduce your baby to the Library and meet new people! Activities include: sharing books, singing songs and fingerplays, and then playtime and exploration! Each program lasts approximately thirty minutes. No registration required – just drop in!

Thursday, December 27 – Vacation Week Drop-In Crafts @ 12:00 – 4:00 pm. Join us anytime between 12:00 and 4:00 pm on Thursday, December, 27 for winter crafts in the Library. This drop-in activity is for children of all ages. No registration required – just drop in!

Friday, December 28 – Vacation Week Movie Morning @ 10:30 am – 12:30 pm. Enjoy a free movie for the entire family on the BIG screen at the Library! Kids, bring your pillows and blankets for comfy floor seating. Popcorn and drinks will be served – bring your own movie snacks. All ages are welcome to attend.

Friday, January 11 – Stamp at the Library! @ 3:30 – 5:00 pm. Join Kirsten Goiangos from Amuse Craft Studio to create winter-themed stamping projects, including a bookmark and a candy match box. This craft activity is for children in third through fifth grade. Materials will be provided and refreshments will be served. Please register by December 11, 2012 for material planning purposes. Space is limited so register soon!

Thursday, January 24 – Elephant and Piggie Party @ 3:30 – 5:00 pm. Brush up on your Mo Willems' stories and join us for an Elephant & Piggie party! We will have games, crafts, and a snack based on Mo Willems' enthusiastic pig and cautious elephant. This party is best suited for children ages five to eight. We want every fan of this loveable duo to be able to attend, but please register ahead of time for party planning purposes.

Saturday, February 23 – Purple Rock Productions presents Rapunzel @ 10:30 AM – 11:30 am. In this wild and wacky adaptation of the classic tale, an old washerwoman tells the story of Rapunzel. In this adapted version, the clever Rapunzel has learned a few tricks from the witch leading to a hilarious and innovative retelling of the original story. The washerwoman tells the story using a variety of household objects, as well as puppets. Children of all ages and their families are welcome to attend and participate in creating the story. This event is free and open to the public. Registration is requested.

Friday, March 15 – Science from the Stacks @ 3:30 – 5 pm. Calling all scientists! Participants will join us for hands-on science activities guaranteed to excite, inform and educate. Children in grades 1 through 5 will learn about scientific properties by making slime, a lava lamp, and more! Materials will be provided and snacks will be served. Registration is requested for material planning purposes.

Tuesday February 5 - Tuesday March 19, 6:30-8:00 pm Songwriting Workshop sponsored by the Bring Our Music Back Foundation (no class Tuesday February 19, 2013 school vacation) Come to the Old Lyme Phoebe Griffin Noyes Library for an informative songwriting workshop. Class is a 6 class session with students needing to commit to the full 6 class, 7 week program session in order to participate. Material covered will include the overview of song lyric analysis, melody, harmony and rhythm, and then it will work into writing your own original songs. Frank Natter, Jr. of Face Arts Music, Deep River will instruct the class. Grades 6 and up are welcome to attend. Registration for each individual session is required. Register online at www.oldlyme.lioninc.org under the "Teen Scene Programs" tab, or call the Library at 860-434-1684.

Friday March 22, 6:30-9:00 pm Teen Scene Movie Night. Come watch a blockbuster movie on the Big Screen. Details on movie selection will be available on the Library website at www.oldlyme.lioninc.org. Grades 6 and up are welcome to attend. Bring your own movie snacks, popcorn and drinks will be provided.

Winter Programs

Mondays – Story & Craft @ 10:30 am. Two to five-year-olds

Florence Griswold Museum Blog

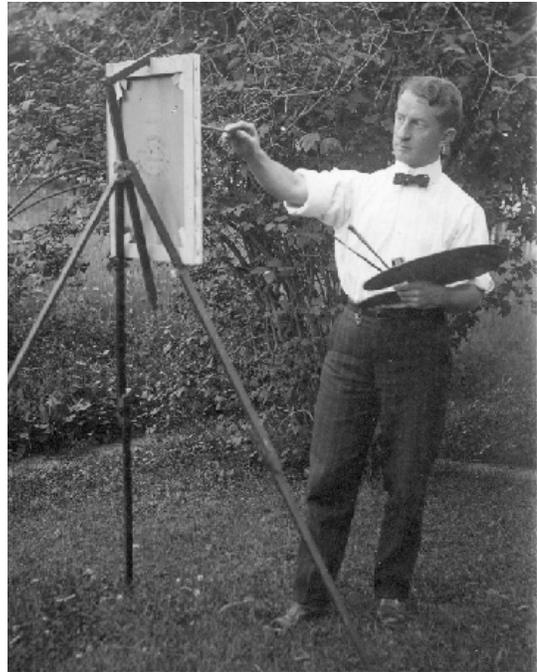
Have you checked out the Florence Griswold Museum's new "From the Archives" blog?

"From the Archives" (<http://www.florencegriswoldmuseum.org/archives>) highlights documents, photographs, and works of art that have stories to tell about people, events, and a changing landscape. A schoolgirl's letter confides the shocking news of a sea captain's suicide. A deputy sheriff's account book lists the year's property disputes, criminal complaints, and jury proceedings. An artist's photograph recalls the distinctive Brick Store, now demolished, that stood in the village for more than a century. Sign up to follow the blog and you can journey back in time, accompanied by remarkable individuals who passed through town before us.

Florence Griswold Museum Exhibitions Combine Art, History, and Architecture

Art lovers, history enthusiasts, and architectural connoisseurs and preservationists are among those intrigued by two temporary exhibitions on view through January 27. *The Art of First Lady Ellen Axson Wilson: American Impressionist* was organized by the Woodrow Wilson House in Washington, D.C., and illuminates the artistic career of the first wife of President Woodrow Wilson. The Museum has customized the show with original scholarship and works from Ellen's Lyme Art Colony colleagues, including Frank Vincent DuMond, Frank Bicknell, George Brainerd Burr, Frederick W. Ramsdell, and Bessie Potter Vonnoh. Research into Woodrow Wilson's letters highlight Old Lyme's role within his political career. The exhibition is generously supported by Connecticut Humanities, Bouvier Champion Insurance, and the George A. and Grace L. Long Foundation.

Organized by Historic New England, *White on White: Churches of Rural New England* presents over forty photographs by architectural photographer Steve Rosenthal depicting iconic New England meetinghouses and churches. Images of churches in Brooklyn, East Haddam, Lyme, Madison, and Old



Arthur Heming

Lyme celebrate Connecticut buildings that define, in many minds, the New England character. The presentation of this exhibition is made possible with the support of Connecticut Humanities, Imagineers LLC, and People's United Bank.

From February 7 to June 2 the Museum presents, *Arthur Heming: Chronicler of the North*, which was organized by Museum London in London, Ontario, Canada. The exhibition introduces American audiences to the significant role that artist, author, illustrator, and Lyme Art Colony member Arthur Heming (1870–1940) played in shaping the national identity of his native Canada.

Lyme Art Association

November 16 to January 5

Deck the Walls and Work by Newly Elected Artists. The Lyme Art Association's annual show and sale featuring more than 200 works of art in all sizes and mediums by member artists. Gallery hours are Monday-Saturday 10 am-5 pm. Admission is free but a \$5 donation is suggested. Lyme Art Association, 90 Lyme Street. (860)434-7802; lymeartassociation.org

January 11 to February 23

21st Annual Associate Artist Exhibition and A Contemporary Look. Landscape, portrait and still life paintings by Associate Artist members will be featured in the Association's front galleries. A special exhibition of contemporary representational artwork by invited artists will be on view in the Goodman

Gallery. Opening reception on January 18th, 5-7 pm. Gallery hours are Monday-Saturday 10 am-5 pm. Admission is free but a \$5 donation is suggested. Lyme Art Association, 90 Lyme Street. (860)434-7802; lymeartassociation.org.

March 1 to April 20

On Holiday: The Artist Travels and Holding Still: An Exhibition of Still Life Works. Travel and vacation scenes by member artists, as well as a special exhibition still life works. Opening reception on March 8, 6-8 pm. Gallery hours are Monday-Saturday 10 am-5 pm. Admission is free but a \$5 donation is suggested. Lyme Art Association, 90 Lyme Street. (860)434-7802; lymeartassociation.org.

A New Dimension in MRI Comfort

Middlesex Hospital Now Offers a “Wide-Open” MRI System

Are you claustrophobic? Can you tolerate having a CT scan? If so, you can now comfortably get an MRI at Middlesex Hospital, with its new “wide-open” MRI. Even for people who are not claustrophobic, the wide-open MRI provides a much more comfortable space during the exam than in the past.

“Open” vs. “Wide-Open” MRI

Many people believe that having an “open” MRI can eliminate the claustrophobia they feel when having the same test in a traditional MRI unit. These types of “open” MRI systems are only open on the sides, and the top of the magnet is still very close to the body. In addition, these MRIs are also usually “low-field” MRIs, and although they do give patients more room during the test, they also have a significant drawback — it takes a lot longer to obtain the same image quality as traditional, “high-field” MRI machines. To cut down on exam times, some lower-field MRI systems may not have the same image quality as a state-of-the-art, higher-field system.

Middlesex Hospital only uses high-field MRI machines, since they produce the clearest images — because the higher the field strength, the better the quality of the images produced. However, the opening in these traditional machines is considered too small by some larger or claustrophobic patients to allow them to be comfortable during the exam.

All that is changing at Middlesex Hospital. The Hospital now offers a new dimension in patient comfort — in its wide-open



The new wide-open MRI at Middlesex Hospital — a high-field MRI that combines a much larger bore (circular opening) size and a much shorter “tunnel” (length).

bore, high-field MRI that combines a much larger bore (circular opening) size and a much shorter “tunnel” (length). The new MRI looks just like a CT scanner, only a foot longer. The new wide-open bore design accommodates all sizes (up to a 550-pound patient) eliminating anxiety and claustrophobia. For many exams, both the feet and head remain outside the machine. The newer technology combines an open feel with the ability to capture high-field quality diagnostic images. In addition, the new MRI is quieter and may require less time to capture the necessary images.

Why should patients care about the quality of their MRI images? When your doctor orders an MRI, he or she is looking to get as clear a picture as possible of what is going on in your body. The best way to get a clear picture is to use the type of technology that provides physicians with crisp and clear photos of the anatomy.

“This is great news for patients who may have chosen to receive a low-field, open MRI in the past,” said Laurel Patt, Middlesex Hospital Director of Radiology.

The new “wide-open” MRI system at the Hospital is currently operational. In addition, the current MRI scanner at the Outpatient Center on Saybrook Road in Middletown will be replaced with a new, “super-high-field strength” MRI. This new MRI has double the field strength and can produce even clearer, more detailed images. It will be operational at the beginning of March 2013. The new Shoreline Medical Center in Westbrook will also have a brand new, stationary MRI system operational when construction of the facility is completed in 2014.

When using the new, wide-open MRI systems at Middlesex Hospital, patients will be comfortable, experience less noise, spend less time in the machine and can still be sure that their doctors will get the highest quality medical imaging. In other words, patients now have the best of all possible worlds at Middlesex Hospital if they need to have an MRI!

Happy Holidays

from **Essex Printing & Events Magazines**



The Cooley Gallery

**The Cooley Gallery celebrates the return
of the holiday exhibition
“ALL PAINTINGS GREAT AND SMALL”**

Opening November 15th, 2012 through January 12th, 2013

The Cooley Gallery is proud to announce the return of the annual holiday exhibition *All Paintings Great and Small* featuring historic and contemporary works of art 12" in size or smaller. For many in the area this annual exhibition, in its 24th year, has become an unspoken kick-off to the holiday season with an opening the Thursday before Thanksgiving. Over sixty artists from around New England, with a concentration in Connecticut, participate in this annual show. Some well-known to Cooley Gallery enthusiasts are returning including: Ralf Feyl, Maurice Sapiro, Michael Theise, Mary Bourke, and Maureen McCabe to name a few. There will also be new artists showing for the first time at the gallery.

“The idea of a small painting exhibition seems to have caught on in galleries everywhere. After so many years, and with the format as ubiquitous as it is, we thought we would step away from it but people kept asking us when would we bring the old show back. In retrospect I think it was good to take a little time off from the little painting show. The economic climate hasn’t been very inspiring but there’s a sense of anticipation in the air now. People are more inclined to allow themselves to enjoy what they have and maybe even add to it,” says Jeff Cooley, owner of The Cooley Gallery.

As in years past, *All Paintings Great and Small* offers a wide range of subjects and media carefully chosen by the staff at the

gallery. Jeff notes, “Everyone here gets involved in everything around here but especially with this exhibition: suggesting artists and choosing their favorites. Lorre Broom, our gallery manager, orchestrates the logistics and Nancy Pinney, our website guru makes sure the images are perfect and gets it all posted in time for people to get a start on their holiday shopping. It’s a big job and a truly group effort.”

From November 15th to January 12th, the galleries at 25 Lyme Street will be hung salon-style meaning multiples from floor to ceiling, with a wealth of varied artwork. Prices range from the low hundreds on up giving collectors at all levels a chance to acquire some truly wonderful original works of art.

Located in beautiful downtown Old Lyme, The Cooley Gallery makes it an ideal spot to enjoy the best of American art while celebrating the season in the great New England tradition. This show begins on November 15th at The Cooley Gallery, 25 Lyme Street, Old Lyme, CT with an opening reception from 5-8 p.m. The exhibition runs through January 12, 2013.

Founded in 1981 and located in the heart of historic Old Lyme, the Cooley Gallery specializes in fine American paintings from the 19th, 20th, and 21st centuries, including the Hudson River School, American Impressionism, and select contemporary artists.

Regular gallery hours are Tuesday-Saturday, 10 am to 5 pm. Please call (860) 434-8807 or visit www.cooleygalleries.com for additional information. The Cooley Gallery is located at 25 Lyme Street, Old Lyme, CT 06371.

Winter Weather: Frostbite

Frostbite

Frostbite is an injury to the body that is caused by freezing. Frostbite causes a loss of feeling and color in affected areas. It most often affects the nose, ears, cheeks, chin, fingers, or toes. Frostbite can permanently damage the body, and severe cases can lead to amputation. The risk of frostbite is increased in people with reduced blood circulation and among people who are not dressed properly for extremely cold temperatures.

Recognizing Frostbite

At the first signs of redness or pain in any skin area, get out of the cold or protect any exposed skin—frostbite may be beginning. Any of the following signs may indicate frostbite:

- a white or grayish-yellow skin area
- skin that feels unusually firm or waxy
- numbness

A victim is often unaware of frostbite until someone else points it out because the frozen tissues are numb.

What to Do

If you detect symptoms of frostbite, seek medical care. Because frostbite and hypothermia both result from exposure, first determine whether the victim also shows signs of hypothermia, as described previously. Hypothermia is a more serious medical condition and requires emergency medical assistance.

If (1) there is frostbite but no sign of hypothermia and (2) immediate medical care is not available, proceed as follows:

- Get into a warm room as soon as possible.
- Unless absolutely necessary, do not walk on frostbitten feet or toes—this increases the damage.
- Immerse the affected area in warm—not hot—water (the temperature should be comfortable to the touch for unaffected parts of the body).

Healthy Eating through Healthier Habits for Seniors

We all know that our tastes have changed over time. The things we like now – clothing, hair styles, cars, and so on – most likely are different today than they were 20 or 30 years ago. It stands to reason, then, that our overall diet should evolve as well (from necessity as well as preference).

As we age, the make-up of what we eat becomes more and more important to our bodies and our overall well being. With proper nutrition, we are better able to manage health issues such as high blood pressure, cholesterol and sugar levels. We also reduce or eliminate common ailments such as swelling and inflammation, poor digestion, and low energy.

While many seniors find themselves on some type of “restrictive” diet, this does not have to mean the end of enjoying a good meal. In fact, with better food labeling and an increasing selection of healthier foods in grocery stores, eating better really is easier – and tastier – than ever. Here are some tips to help get in the habit of shopping and eating well:

- Fresh is best when it comes to fruits and vegetables, and frozen is second best (avoid high-salt or sugary canned foods). The fiber and vitamins in popular favorites such as apples, blueberries, plums, broccoli, cauliflower, and avocados provide countless benefits. Enjoy these foods raw, steamed or sautéed in a little olive oil.
- Brown (whole grain) is better when it comes to breads, pasta, rice and cereals. For potatoes, sweet ones are far more nutritious than white.
- Choose lean, high-protein foods such as fish, turkey, pork, beans, peas, nuts, for higher energy and better bone health.
- Eggs, cheese and milk have calcium that is also beneficial to bone health. However, these foods should be avoided if cholesterol levels are a concern.
- Use olive oils or soy-based margarines instead of butter whenever possible, to keep cholesterol counts down.
- Choose water over high-sugar drinks and fruit juices.
- Instead of canned soups or frozen dinners, keep bagged salads, canned tuna, and low-fat yogurts on hand for quick meals.
- If you live in a retirement community, discuss your diet with the chef, nutritionist, or nurse. They will make



Seniors are encouraged to eat as many fresh fruits and vegetables as possible every day.

recommendations for you and prepare foods that meet your special needs.

By adopting better eating and shopping habits, we can find the best balance of foods that keep us healthy and help us enjoy a great (and delicious) quality of life.

— Kathy Ryan, Executive Director, The Saybrook at Haddam

Kathy Ryan is executive director of The Saybrook at Haddam (www.thesaybrookathaddam.com), a 74-apartment assisted living retirement community located at 1556 Saybrook Road in Haddam (860-345-3779). The community provides independent retirement living services as well as assisted living services provided by its state-licensed Agency, and a special memory care unit.

The Shoreline Soup Kitchens & Pantries provides food and fellowship to those in need. Serving the towns of Essex, Chester, Clinton, Madison, Old Saybrook, East Lyme, Lyme, Old Lyme, Killingworth, Westbrook and Deep River.

Learn how you can help at:

www.shorelinesoupkitchens.org

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52 Lyme St, Old Lyme, CT 06371

Ph: 860-434-1605 • Fx: 860-434-1400

Town Hall Hours

Monday - Friday: 9:00 AM - 4:00 PM

How to Deal with Ice and Snow

Winter driving is a tricky and dangerous business. Better roads, better cars and better tires won't take the place of careful driving practices. To keep your experience with winter driving from becoming a crash-course, here are a few driving tips from the Connecticut Department of Transportation:

- **Time:** Give yourself plenty of extra time for getting to your destination. Speed limits are for perfect, dry conditions. On winter's icy roadways, half the speed limit may be suicide.
- **Vision:** Take the time to clear all windows of snow, ice or fog before starting out. Also clear any snow off the hood - it comes loose when driving.
- **Lights:** Even though you can see, drive with low-beam headlights in snow, fog or just winter murk. Keep all lenses free of dirt by wiping them periodically. Dirty headlights can cut visibility by 50 percent or more. Don't forget the directional lights, taillights and rotating lights.
- **Tires:** Be sure your tires have adequate tread for traction in snow and to reduce the risk of hydroplaning in rain or puddles on the road. You may hear that putting extra weight in the trunk or truck bed gives better traction. Traction might be helped a little but at the expense of steering control and longer stopping distance. Likewise, you may hear that reducing tire pressure is another way of increasing traction. Reducing air pressure will not give you more traction and your tires could become seriously underinflated, affecting steering. Keep in mind that every time the outside temperature drops 10 degrees, the tire air pressure goes down about one pound per square inch. Remember too that underinflated tires are the major cause of tire failure.
- **Ice/Freezing Rain:** At 30 degrees ice is twice as slippery as it is at 0 degrees. It also forms first and lasts longer on bridges and in the shade. If you hit an unexpected patch, don't try to brake, accelerate or downshift. Let up on your accelerator and let your vehicle "roll" through the slippery area. When freezing rain is occurring resulting in icing conditions, please pull over to the side of the road until the road has been treated with sand and salt.
- **Skidding:** If you go into a skid, act quickly by taking your foot off the accelerator. Keep your foot off the brake and steer in the direction the rear of the vehicle is skidding. In other words, if you want your vehicle to go right, turn right. If you want it to go left, turn left. Hold the steering wheel firmly, but don't make large turns. Use a light touch to correct the swerve.
- **Braking:** Your owner's manual will usually recommend the braking technique most effective for your car. For front and rear wheel drive vehicles with disc or drum brakes the National Safety Council recommends the following procedure: Squeeze your brakes with a slow, steady pressure until just before they lock. When you feel them start to lock, ease off until your wheels are rolling; then squeeze again.
- **Following Distance:** Maintain at least three times the normal following distance on snow or ice. If you are being followed too closely, maintain an extra distance behind the vehicle ahead so that you can slow down or brake gradually. Be prepared to adjust speed and/or stop to avoid colliding with the vehicle in front of you. Plan ahead when approaching intersections so that braking can be done smoothly.
- **Stay on the Beaten Path:** Stay in line when traveling to or from a snow zone. Don't blaze your own trail, especially going downhill - you'll only manage to create a worse situation. You'll even clog the only open space emergency snow vehicles can travel.
- **Safety Belts and Child Safety Seats:** In addition to keeping you in the vehicle during a collision, they will also keep you and your child from being thrown around inside your vehicle should you go into a skid or hit an object. Use safety belts/seat at all times - it's the law.
- **Deer:** Bad weather can cause deer to be on the move. Be particularly alert when traveling in known areas of deer migration. When you see deer or other animals ahead, slow down and be prepared to stop until you are safely past them. A good defensive driving technique is to try to avoid animals if possible, however, do not swerve into the on-coming lane and risk a head-on collision, or run off the road and risk hitting another object.
- **Dead Batteries:** When jumping batteries connect one cable to the (+) terminal of each battery. Then connect one end of the second cable to the (-) terminal of the booster battery and the other end to a nut or bolt on the engine. Do not connect it to the (-) of the discharge battery. Start the engine of the helper vehicle and let it run a few minutes, then start the disabled vehicle engine. Remove cables in the exact REVERSE order.
- **Walking on Ice or Snow:** After being in a warm vehicle, the soles of shoes or boots are warm enough to melt snow or ice, creating a film of water between the sole and the snow or ice surface. Be especially cautious for the first five minutes after leaving the vehicle. When walking on snow or ice, use short steps and keep your hands out of your pockets. These factors will help you maintain your balance. If you do fall, tuck your arms close to your body and roll with the fall.
- **Stay Clear of Plows and Sanders:** Watch out for these vehicles as you round corners, curbs, etc. They do not travel at a high speed; therefore, you'll tend to come up on them quickly. Slow down. Plows and sanders will pull over periodically to let traffic pass. It's risky to pass on the left of a snowplow because of blowing snow. Never pass on the right. Flying rock can damage your car if you pass a sander. The best advice is to stay three car lengths behind plows and sanders.

Exhibitions, Events, Education: It's All Happening at Lyme Academy College

An exhibition of striking watercolors is currently on view at Lyme Academy College of Fine Arts and we welcome members of the community to come and view them anytime between 10 am and 4 pm Monday through Saturday, except from Dec. 24 through Jan. 1, 2013 when the College will be closed.

The exhibition is titled, **David Dewey: Painting the Figure With My Students**. For over 30 years, Dewey, a Professor Emeritus at the College, has regularly exhibited his watercolor paintings throughout the United States. His work is included in many major museums, as well as public and private collections. Dewey has had a long successful teaching career at Parson's School of Design, the National Academy of Design School and Lyme Academy College of Fine Arts. His comprehensive book on the watercolor medium, *The Watercolor Book*, has been a must-have book for serious watercolor painters and educators since its publication in 1995. The exhibition continues through Saturday, Feb. 2, 2013.

Starting in the new year, the Alumni Association of the College is hosting a new initiative for the community and presenting three Thursday lectures by well-known artists. The series is titled, **Inside My Studio: The Artist Revealed**, and each lecture will be accompanied by a reception. The College expresses its gratitude to Brenda and Sheldon Baker, Pam and David Thompson and Robert G. Manice for their support of this series.

The schedule is as follows:

David Dewey: Thursday, Jan. 17, 2013

Robert Taplin: Thursday, Jan. 24, 2013

Tula Telfair: Thursday, March 28, 2013

All are welcome to come and enjoy these engaging speakers reveal the secrets of their studios. Reservations are required for each lecture as seating is limited: a \$5 donation is suggested at the door. Please RSVP to Ann de Selding at 860.434.3571 ext. 117 or adeselding@lymeacademy.edu.

On Saturday, Feb. 9, 2013, from 5 to 8 pm, the College will be hosting another new event named, **Aha! Inside the Artist's Studio**. We invite the community to our first Studio Stroll and to come behind-the-scenes for informal demonstrations and conversations with faculty and friends in our painting, sculpting, drawing, illustration and printmaking departments.

There will also be workshops, artist's supply totes, a *Tools of the Trade* Art Marketplace and a silent auction. Seasonal cocktails and serious hors d'oeuvres will be served. Tickets are \$85 per person with Patrons \$500 per couple and Benefactors \$1,000 per couple. Comfy cocktail attire is suggested. Event income will support Lyme Academy College's new Artful Giving Campaign. Please RSVP by February 1, 2013 to Ann de Selding at 860 434 5232 ext. 117 or adeselding@lymeacademy.edu.

Mark your calendars now for Friday, Feb. 15, from 6 to 8 p.m. – that's when we host an opening reception for the **37th Annual Juried Student Exhibition**. This is always a very popular



Lyme Academy College campus in winter after an overnight snowfall.



Students find Pre-College classes at the College to be both educational and enjoyable.

show and offers members of the community the opportunity to purchase artwork by emerging artists at competitive prices.

While we are on the subject of calendars, save the date - Saturday, June 1, 2013 - for the social event of the season, **ArtsBall Miami: Art & Attitude**. Our 2012 PopArtsBall was a sold-out success and tickets for our 2013 event are sure to go fast.

Preparations for our Spring Continuing Education program are currently underway. These classes are flexibly scheduled on weekday evenings and Saturdays to complement work and school schedules. The College's program of Non-Matriculated Studies is designed for artists in the community looking for serious artistic study without being officially enrolled in a degree-seeking program. It enables them to study with our renowned faculty and work side-by-side in the classroom with degree-seeking students.

continued on page 37

Roses for Autism

Roses for Autism is the first business endeavor for Growing Possibilities - a nonprofit social enterprise founded by Ability Beyond Disability that is dedicated to growing independence in the business world for individuals with autism and other disabilities.

Our Roots: Jim Lyman's dream was to improve the quality of life for his son Eli, through meaningful work and continued opportunities to grow as an individual. Jim's search brought him together with Pinchbeck's Rose Farm, Connecticut Autism Spectrum Resource Center, and then to Ability Beyond Disability. Collectively, they planted the seed that would bloom into Growing Possibilities.

Did you know? Adults on the Autism Spectrum hold many talents...yet today only 12% of adults with ASD are employed.

Our Mission: To grow independence in the business world.

How We Grow: In 50,000 square feet of heated glass greenhouse, our premium roses and lilies are cut and packaged daily. Working with young adults on the autism spectrum we strive to: build transferable job skills, build social independence, build generalization of learning.

Call us today to plan for your next recognition event. We will customize...so call us with whatever you can dream up!

We personally deliver to CT, NY, NJ, MA and we ship ANYWHERE in the United States! Let us help you recognize your staff! Flowers for every occasion: *anniversaries, birthdays, special accomplishments, employee recognition events.*

Fragrant roses are available in 16 varieties! We offer 3 varieties of lilies too! Say "thank you" or "great job" with:

- Custom arrangements
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- Host a corporate rose sale for your employees and help employ people with autism.

We grow amazing fragrant roses with amazing people! Order online at: www.rosesforautism.com or www.rosesforautism.com. (203) 453-2186. We are a local farm planting the seeds of possibilities for the autism community. Your rose purchase supports the development of inclusive work place opportunities for adults on the autism spectrum.

Pinchbeck's Rose Farm
929 Boston Post Road
Guilford, CT
(203) 453-2186



• *Academy College continued from page 36* •

Our Pre-College program is designed for high school students who wish to explore and expand their artistic abilities. The program fosters creativity, builds artistic skill, and mentors personal vision in young artists. Visit our website in the New Year to view details of the schedule for all our Continuing Education and the Pre-College Program.

Finally, the College continues to welcome volunteers as valued members of our community. Diverse volunteer roles are available, which can be tailored to fit many interests and schedules. Contact Ann de Selding at 860-434-3571, ext. 117, to explore the possibilities.

The College is located at 84 Lyme Street, Old Lyme CT 06371. For more information about the College, call 860-434-5232 or visit www.lymeacademy.edu.



Figure: Red Umbrella With Black by David Dewey, watercolor and pencil on Arches Text Laid, 10 1/2 x 15 1/2, 2006

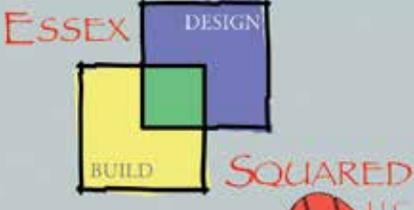


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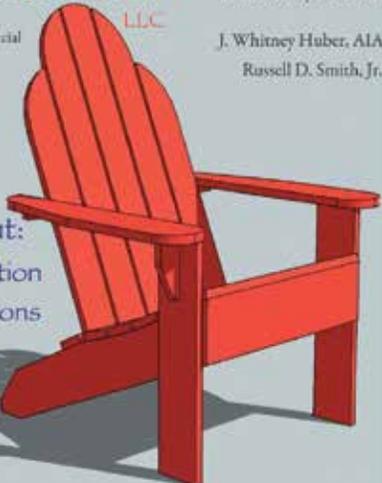


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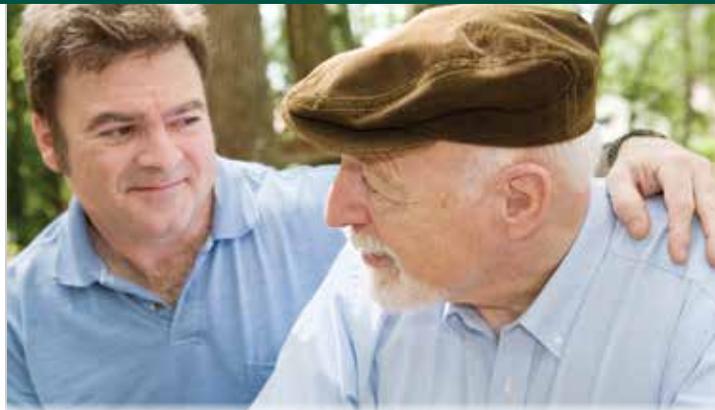
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Dad's journey in life deserves a "Safe Harbor."



For those suffering from Alzheimer's and other memory-related disorders, life should still be as fulfilling and active as possible. That is why The Saybrook at Haddam created Safe Harbor, a new specialized memory care neighborhood, located within our gracious assisted and retirement living community. With beautiful murals, social areas, and outdoor gardens, our safe, nurturing and stimulating environment provides a higher quality of life for our residents.

Our compassionate and professional staff works tirelessly to give you peace of mind knowing your loved one is getting the care they need and the respect they deserve.

For a personal tour of Safe Harbor, call The Saybrook at Haddam today at **860-345-3779**.



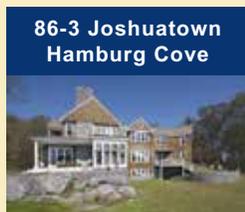
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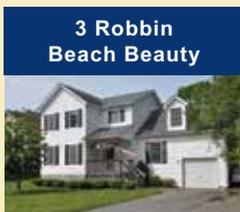
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